



**BUNTS SANGHA'S
S M SHETTY HIGH SCHOOL
& JR. COLLEGE**

ISO 21001 : 2018 certified

TESTIMONIALS

THE ANNUAL SPORTS MAGAZINE

6th Edition



BUNTS SANGHA'S S M SHETTY HIGH SCHOOL & JR. COLLEGE



ISO 21001 : 2018 certified

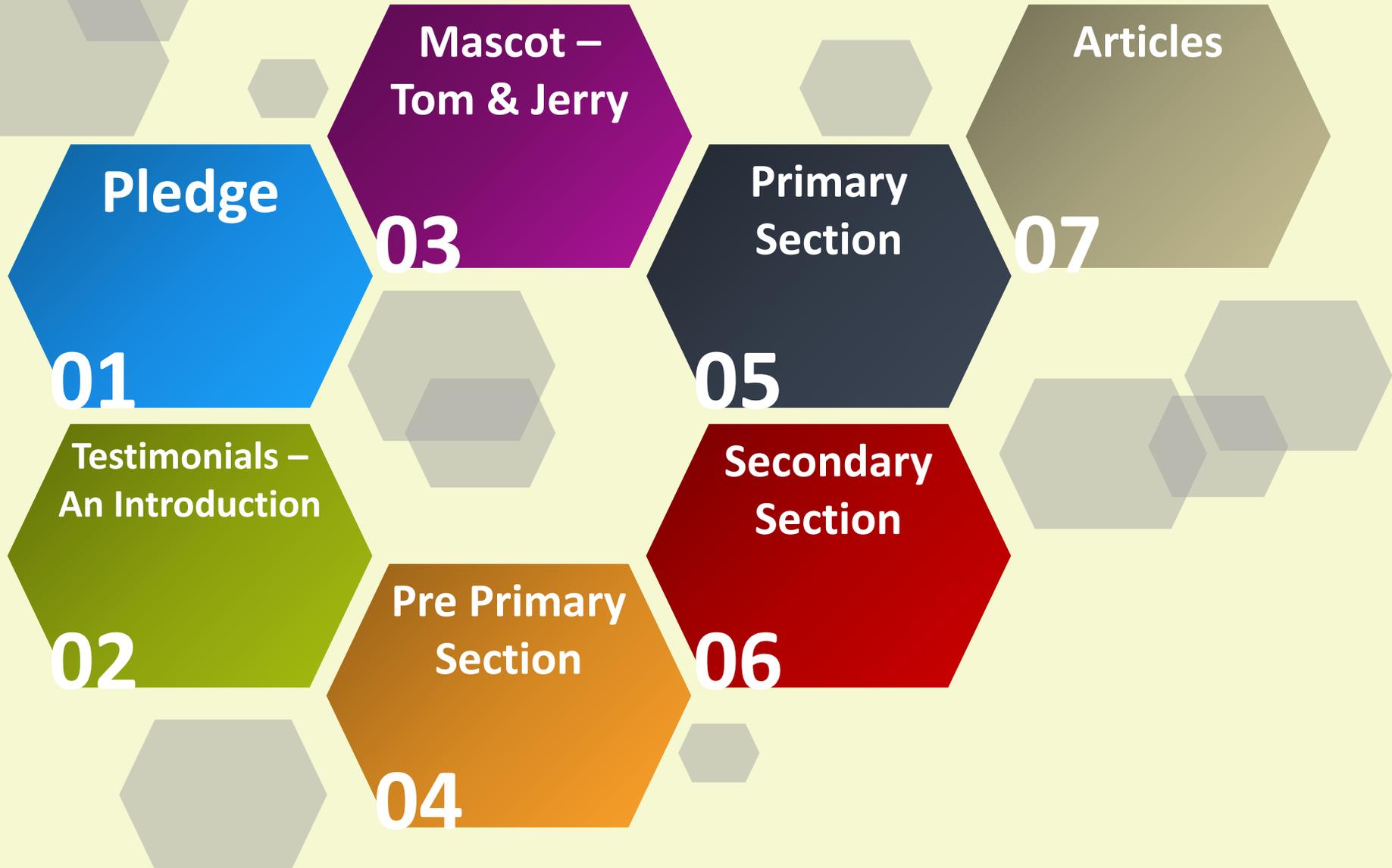


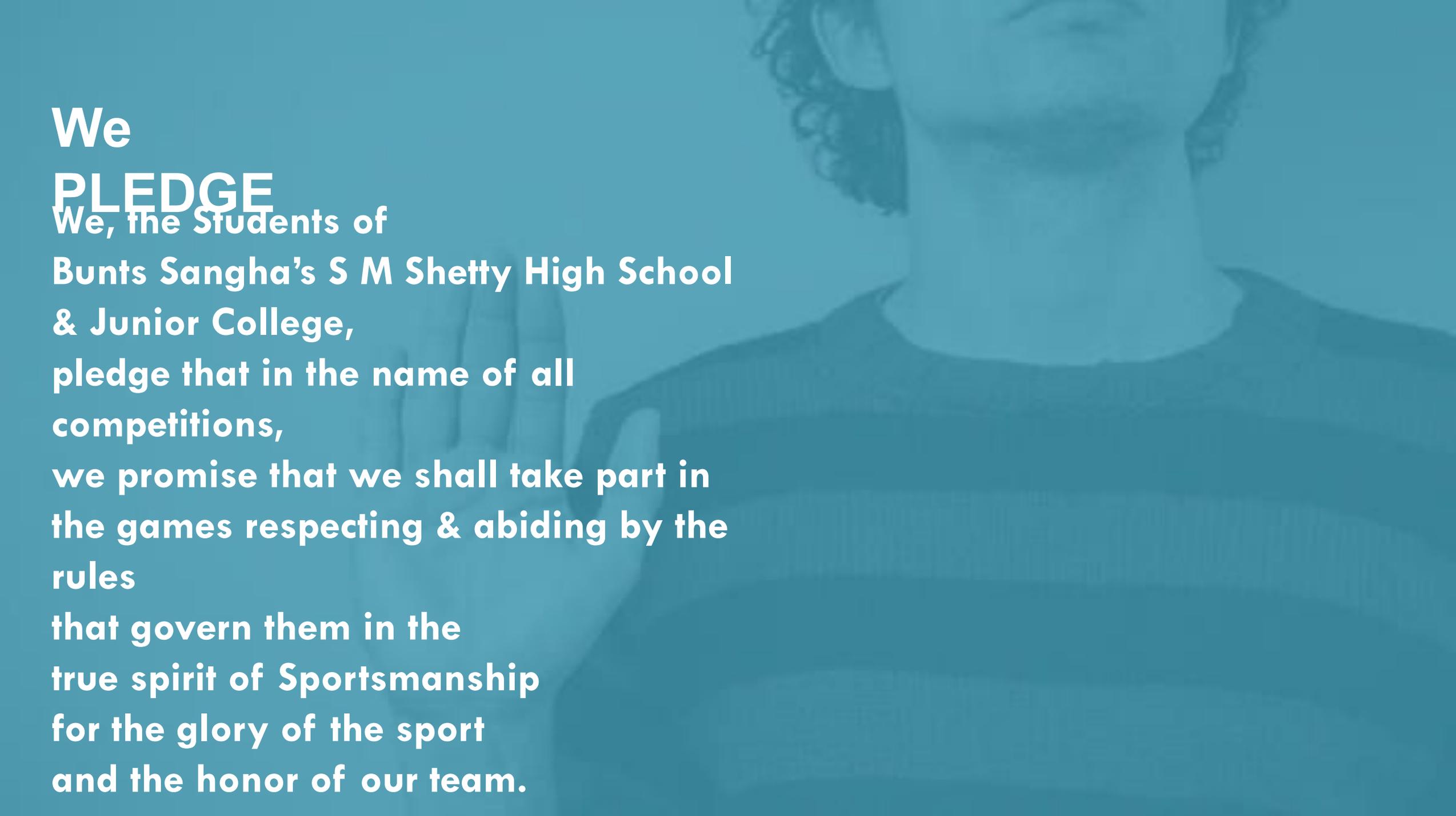
TESTIMONIAL
THE ANNUAL SPORTS
MAGAZINE
3

**6th
Edition**

CONTENT

S





We

PLEDGE

We, the Students of

Bunts Sangha's S M Shetty High School

& Junior College,

pledge that in the name of all

competitions,

we promise that we shall take part in

the games respecting & abiding by the

rules

that govern them in the

true spirit of Sportsmanship

for the glory of the sport

and the honor of our team.

Testimonials – An Introduction

The ladder of success is best climbed by stepping on the rungs of opportunity. And we are climbing the ladder of success with the determination to help our students transcend in all the dimensions of their life. The sports arena has undergone a phenomenal transition where initially the participation of students was limited to only interschool competitions. The participation has increased multifold in the past ten years. And, with this, our Sports magazine has a lot more to offer. Our tears of joy, our struggles, the trials and tribulations have borne fruit in the form of the accolades that we have won. The Testimonials, is in fact, a document of all that we have achieved and all that we have set out for ourselves. The features say it all. Right from the Highlights to our Hallmark achievements and our stars who climbed the victory stands, the Testimonials has it all.

**FACULTY
MEMBERS**

(Pre-Primary)



Surekha Lohar

(Primary)



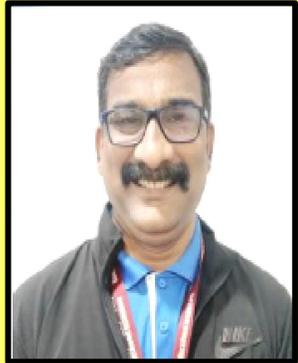
Swapnil Daund

(Primary)



Anjali Ambre

(Secondary)



Sanjay Nagalkar

(Primary)



Trupti Nevse

(Secondary)



Anamika Nimkar

(Secondary)



Anil Pisal

**SPORTS
EVENT
MANAGERS**

(Pre-Primary)



Rakhee Ganotra

(Pre-Primary)



Rakshanda Shaikh

(Pre-Primary)



Sapna Swami

(Pre-Primary)



Anitha Shetty



Ramona Poojary

(Primary)



Nidhi Shetty

(Secondary)



Atish Chorge

(Secondary)



Joyce Noronha

Our Mascot – Tom & Jerry

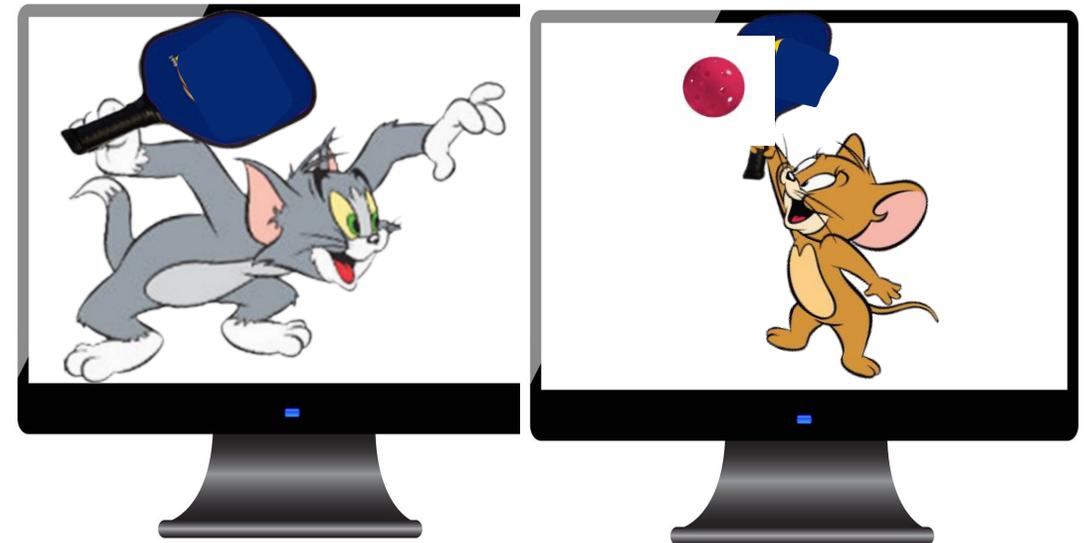


‘Tom and Jerry’, the iconic and titular comic characters who have been adored and idolized since inception for their rivalry have always been associated with the spirit of sportsmanship. The tussle between the iconic Cat Tom and charismatic Mouse Jerry is not a source of joy to watch for but also conveys a strong message. Selecting Tom and Jerry as our mascot has an underlined principle of never giving up come what may. Although they give a tough fight to each other when pitted against one other, but at the same time they become a strong team and make sure they win over together as a team combating their opponent in times of a challenging situation.

Our Mascot – Tom & Jerry

The same spirit is imbibed in our students. *“A true sportsman is one who adheres to all the rules set for the game and is willing to compete against anyone when in a one to one competition –be it his dear friend or his foe and on the other end teams up with each member of his team –leaving aside all disparity and prejudices, to see his team on the victory stand.”* Tom and Jerry are the best example to depict qualities like agility, problem solving, determination and tolerance.

Adding one more dimension to the sportsmanship domain is an important lesson learnt from our mascot, that - It’s not always the mightier one who wins as often we see Jerry winning over Tom.



“GOOD PLAYERS INSPIRE THEMSELVES, WHILE GREAT PLAYERS INSPIRE OTHERS”

To summarise the quote, the answer we get is “Sportsmanship”.

Is it important to teach our young minds about sportsmanship?

The answer is a definite “Yes”. Engaging in sport has multiple benefits, and it’s not all physical. Playing team sports encourages cooperation, sharing, resilience, goal setting, self - esteem & building relationships. Sport teaches you to participate and always be competitive, at the same time, accept failures and applaud victories.

Through sports, children can develop the motivation to improve themselves continually. By working hard at every practice and staying focused on their goal, children build persistence, learn the importance of patience, and in the end, realize that hard work does pay off. This translates to life. It has even been observed that long-term commitment to sports has a positive impact on children’s behaviour in the classroom too.

As Billie Jean King famously quoted: “Sports teaches you character, it teaches you to play by the rules. It teaches you to know what it feels to win and lose- It teaches you about LIFE”.

NURSERY

June

Warm up exercise
Action Songs
Throw & catch

July

Target Game
Fast & Slow Exercise
Body stretch yoga /
Balloon breathing exercise
Stretch & count

August

Brain Gym Exercise:- Lazy 8
Animal yoga poses.
National Sports Day
Hurdle game

Sept

Crossing Midline Ex.
Left & right concept

**Oct /
Nov**

Ping pong ball game
Brain boosting activity
Simon Says
Gross motor activity

Dec

Intro. of Indoor games
Indoor Skating
Blow the cup with straw.
Pass the ball (Partner game)

Jan

Blowing Activity
Sports week
Healthy Food
Workout session

Feb

Jack says follow directions
Gross motor activity
Food Pyramid

**Mar /
Apr**

Roll over & pass the ball
superhero Yoga
Exercise (Footprints Mat)
Introduction of outdoor
games/Talk on Outdoor games



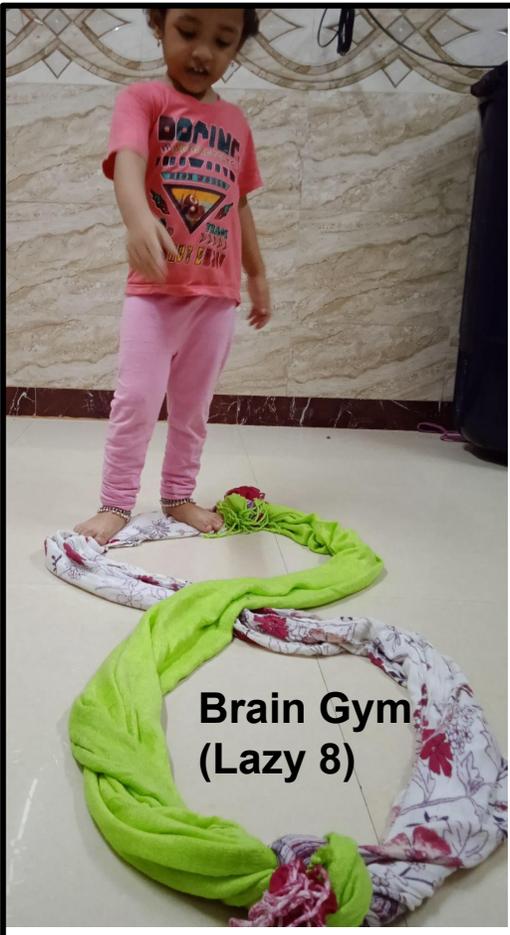
Exercise(Gross motor)



Blowing cups with straws



Stretching



Brain Gym (Lazy 8)



Target Game



June

Brain Teaser

Action song/Exercise

International Yoga Day

Bowling

Target game/Action song:- If you happy and you know it.

July

Simon Says game

Target game

Body stretching exercise &

Finger exercise

Animal Yoga poses

Game :- Balance spots

Exercise/Throwing & catching handkerchief

August

Gross motor activity

Practice of last activities

National Sports Day

Sept

Gross motor activity

Exercise & Dribbling activity

Roll & Kick the ball (partners

Balance & throw the balls

Brain gym : Lazy 8(Horizontal)

Oct / Nov

Crossing midline exercise

Activity :-Pass the ball (partner game)

Badminton

Healthy Food(SDG)

Fun Exercises in Shapes

Dec

Fun with a balloon

Exercise

Jan

Fun activity- Basket & Ball

Toss the balloon

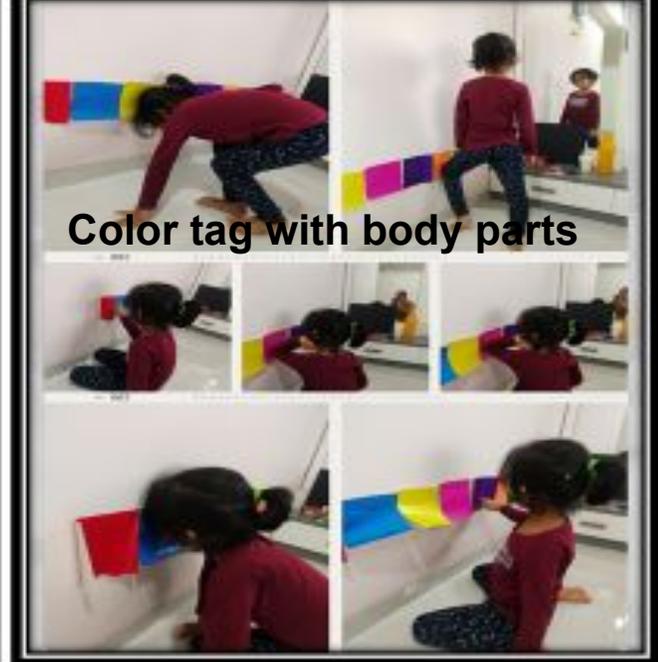
Feb

Yoga with Partner

Mar / Apr

Intro. of Outdoor Games

Glimpses of monthly activities(Jr.kg)



SR. KG.

June

Body Awareness Activity
Game :- Brain Teaser
International yoga day celebration
Gross motor activity with newspaper balls

Book Balancing activity
Brain gym Exercise
Body stretching exercise/Finger exercise
Throwing & Catching

July

Imagining a happy place (mindfulness meditation)
Crossing midline exercise
Intro. of outdoor games.

Agility Drill
Arctic Animal Yoga poses
Concentration Activity
Lazy 8 Ex. (stepping & jumping)

December

Mass Drill
Food Pyramid (SDG)

September

October

Morning Yoga Routine
Calming Exercise for kids (breathing & stretching)
Gross motor activity with chair
Indoor Games
Yoga

Mass Drill

January / February

August

November

March / April

Intro. of Outdoor Games

Glimpses of monthly activities (Sr.kg)



Sports Week Celebration

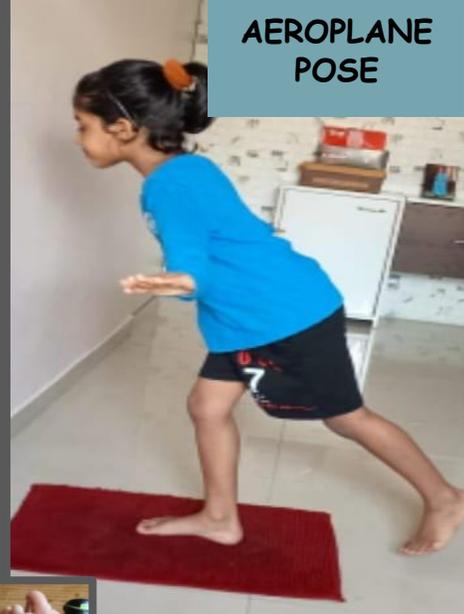
Games/activities conducted on Sports week (17th Jan.- 21st Jan.)

- **Healthy Food(All classes)**
- **Holding yoga pose for one minute:**
 - ➔ **Chair Pose (Nursery)**
 - ➔ **Boat Pose (Jr.kg)**
 - ➔ **Aeroplane Pose (Sr.kg)**
- **One minute game:**
 - ➔ **Pierce tomato with pasta(Nursery)**
 - ➔ **Collect cotton balls with spoons(Jr.kg)**
 - ➔ **Pick up coins with toothpicks(Sr.kg)**
- **Sack Race with Parent & child(All class)**
- **Scenery drawing(only parent)**





CHAIR POSE



AEROPLANE POSE



PIERCING TOMATO WITH PASTA



BOAT POSE

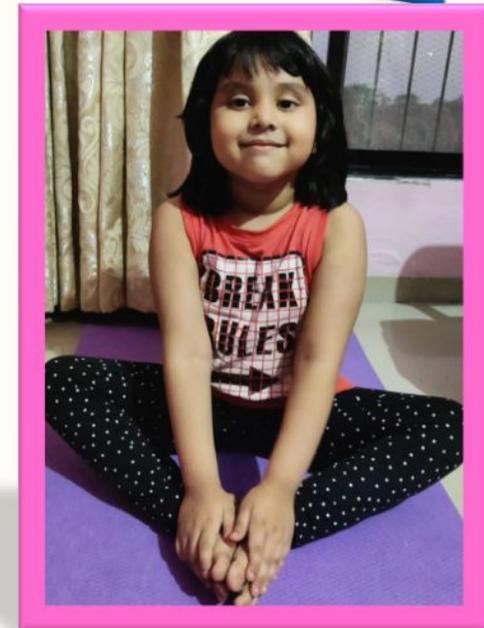
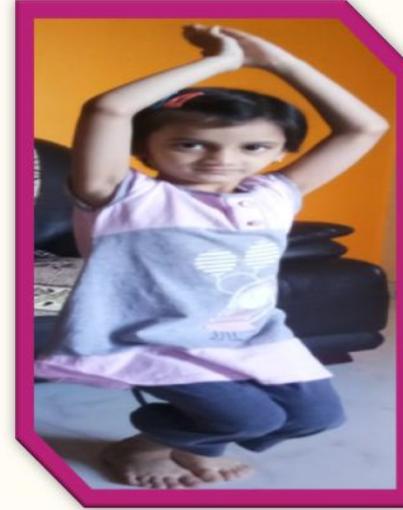
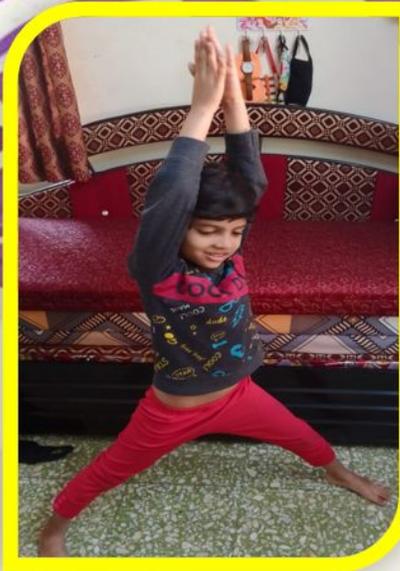


PICKING COTTON BALLS WITH SPOON

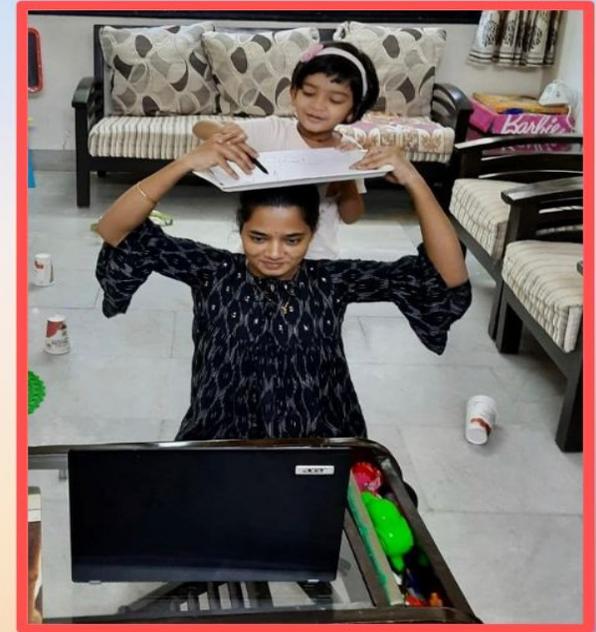


PICKING COINS WITH TOOTH PICKS

Sports Day - 2 Yoga day 18th January 2022



Sports Week Day - 4 Sack Race & Fun game



COIN GAME



Ensuring healthy lives and promoting well-being at all ages is essential to sustainable development. Hence, we must eat healthy to stay healthy.

ARCTIC ANIMALS

Yoga poses by Jr. Kg. toddlers & parents

[Click here](#) →



Nursery
Presents
Famous
Sports Personalities
in India

↑
Click here

PHYS. ED.

↑
Click here

Sr. Kg. Mass Drill

HALL OF FAME



Jatin Choudhary
(Nur. A) 1st Position
Pierce tomato with pasta
Morning Batch



Smit Loke
(Nur. A) 2nd Position
Pierce tomato with pasta
Morning Batch



Aarush Chikale
(Nur. A) 3rd Position
Pierce tomato with pasta
Morning Batch



Aarohi Gaud
(Nur. A) 1st Position
Pierce tomato with pasta
Morning Batch



Sarah Choudhary
(Nur. A) 2nd Position
Pierce tomato with pasta
Morning Batch



Brijal Rathod
(Nur. A) 3rd Position
Pierce tomato with pasta
Morning Batch



Kriv Patel
(Nur. B) 1st Position
Pierce tomato with pasta
Afternoon Batch



Rudraansh Lad
(Nur. B) 2nd Position
Pierce tomato with pasta
Afternoon Batch



Gurjot Singh
(Nur. B) 3rd Position
Pierce tomato with pasta
Afternoon Batch



Shri Priya Mamindla
(Nur. B) 1st Position
Pierce tomato with pasta
Afternoon Batch



Inaya Khan
(Nur. B) 2nd Position
Pierce tomato with pasta
Afternoon Batch



Bhoomi Singh
(Nur. B) 3rd Position
Pierce tomato with pasta
Afternoon Batch

Champs of NURSERY



Daniel Anil
(Nur. A) 1st Position
Chair Pose
Morning Batch



Aarush Baitpat
(Nur. A) 2nd Position
Chair Pose
Morning Batch



Smit Loke
(Nur. A) 3rd Position
Chair Pose
Morning Batch



Gurjot Singh
(Nur. B) 1st Position
Chair Pose
Afternoon Batch



Klyaan Shetty
(Nur. B) 2nd Position
Chair Pose
Afternoon Batch



Vivaan Trivedi
(Nur. B) 3rd Position
Chair Pose
Afternoon Batch



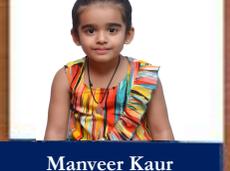
Sneha Patil
(Nur. B) 1st Position
Chair Pose
Afternoon Batch



Mannat Kaur
(Nur. B) 2nd Position
Chair Pose
Afternoon Batch



Arya Joglekar
(Nur. B) 3rd Position
Chair Pose
Afternoon Batch



Manveer Kaur
(Nur. A) 1st Position
Chair Pose
Morning Batch



Brijal Rathod
(Nur. A) 2nd Position
Chair Pose
Morning Batch



Eva Bhalla
(Nur. A) 3rd Position
Chair Pose
Morning Batch



HALL OF FAME



Rudra Ranjane
(Jr. Kg. C) 1st Position
Collect cotton balls
with spoon
Morning Batch



Sarvesh Jadhav
(Jr. Kg. A) 2nd Position
Collect cotton balls
with spoon
Morning Batch



Vignesh Moule
(Jr. Kg. B) 3rd Position
Collect cotton balls
with spoon
Morning Batch



Moheeta Jha
(Jr. Kg. B) 1st Position
Collect cotton balls
with spoon
Morning Batch



Sarah Hoda
(Jr. Kg. C) 2nd Position
Collect cotton balls
with spoon
Morning Batch



Pavitra Dodia
(Jr. Kg. A) 3rd Position
Collect cotton balls
with spoon
Morning Batch



Heyan Talesara
(Jr. Kg. F) 1st Position
Collect cotton balls
with spoon
Afternoon Batch



Mokshaad Chakave
(Jr. Kg. D) 2nd Position
Collect cotton balls
with spoon
Afternoon Batch



Lavith Poojary
(Jr. Kg. D) 3rd Position
Collect cotton balls
with spoon
Afternoon Batch



Saanchi Talegaonkar
(Jr. Kg. F) 1st Position
Collect cotton balls
with spoon
Afternoon Batch



Ayat Khan
(Jr. Kg. D) 2nd Position
Collect cotton balls
with spoon
Afternoon Batch



Sharanya Kalamkar
(Jr. Kg. E) 3rd Position
Collect cotton balls
with spoon
Afternoon Batch

Champs of
JR. KG.



Rudra Shukla
(Jr. Kg. C) 1st Position
Boat Pose
Morning Batch



Adesh Yadav
(Jr. Kg. C) 2nd Position
Boat Pose
Morning Batch



Pratyaksh Singh
(Jr. Kg. A) 3rd Position
Boat Pose
Morning Batch



Charvi Poojary
(Jr. Kg. B) 1st Position
Boat Pose
Morning Batch



Aarohi Waze
(Jr. Kg. A) 2nd Position
Boat Pose
Morning Batch



Siya Ranjane
(Jr. Kg. C) 3rd Position
Boat Pose
Morning Batch



Annhadd Singh
(Jr. Kg. E) 1st Position
Boat Pose
Afternoon Batch



Naman Nishad
(Jr. Kg. D) 2nd Position
Boat Pose
Afternoon Batch



Pavit Naik
(Jr. Kg. F) 3rd Position
Boat Pose
Afternoon Batch



Aastha Shetty
(Jr. Kg. D) 1st Position
Boat Pose
Morning Batch



Jui Dolas
(Jr. Kg. E) 2nd Position
Boat Pose
Morning Batch



Sonika Adep
(Jr. Kg. E) 3rd Position
Boat Pose
Morning Batch



HALL OF FAME



Adhrit Pandey
(Sr. Kg. A) 1st Position
Picking up coins with
toothpicks
Morning Batch



Jay Surve
(Sr. Kg. A) 2nd Position
Picking up coins with
toothpicks
Morning Batch



Aradhya Mohol
(Sr. Kg. B) 3rd Position
Picking up coins with
toothpicks
Morning Batch



Spruha Surve
(Sr. Kg. B) 1st Position
Picking up coins with
toothpicks
Morning Batch



Pariniti Suvarna
(Sr. Kg. C) 2nd Position
Picking up coins with
toothpicks
Morning Batch



Dhrina Karkera
(Sr. Kg. A) 3rd Position
Picking up coins with
toothpicks
Morning Batch



Eliza Ansari
(Sr. Kg. A) 3rd Position
Picking up coins with
toothpicks
Morning Batch



Ansh Mourya
(Sr. Kg. D) 1st Position
Picking up coins with
toothpicks
Afternoon Batch



Izaan Shaikh
(Sr. Kg. E) 2nd Position
Picking up coins with
toothpicks
Afternoon Batch



Arhaan Siddiqui
(Sr. Kg. E) 3rd Position
Picking up coins with
toothpicks
Afternoon Batch



Anshka Gupta
(Sr. Kg. D) 1st Position
Picking up coins with toothpicks
Afternoon Batch



Shreya Gupta
(Sr. Kg. D) 2nd Position
Picking up coins with toothpicks
Afternoon Batch



Aara Shetty
(Sr. Kg. F) 3rd Position
Picking up coins with toothpicks
Afternoon Batch

Champs of SR. KG.



Shriyan Shetty
(Sr. Kg. B) 1st Position
Airplane Pose
Morning Batch



Mohd. Izyan
(Sr. Kg. C) 2nd Position
Airplane Pose
Morning Batch



Jay Surve
(Sr. Kg. A) 3rd Position
Airplane Pose
Morning Batch



Gia Shetty
(Sr. Kg. A) 1st Position
Airplane Pose
Morning Batch



Navya Sawant
(Sr. Kg. B) 2nd Position
Airplane Pose
Morning Batch



Prisha Tiwari
(Sr. Kg. C) 3rd Position
Airplane Pose
Morning Batch



Apratim Midda
(Sr. Kg. D) 1st Position
Airplane Pose
Afternoon Batch



Advik Nevrekar
(Sr. Kg. D) 2nd Position
Airplane Pose
Afternoon Batch



Kartik Sawant
(Sr. Kg. F) 3rd Position
Airplane Pose
Afternoon Batch



Richa Jain
(Sr. Kg. F) 1st Position
Airplane Pose
Afternoon Batch



Aditri Shetty
(Sr. Kg. D) 2nd Position
Airplane Pose
Afternoon Batch



Kanika Nalawade
(Sr. Kg. E) 3rd Position
Airplane Pose
Afternoon Batch



Riya Marghade
(Sr. Kg. D) 3rd Position
Airplane Pose
Afternoon Batch



Primary Section

“WINNERS ARE NOT PEOPLE WHO NEVER FAIL, BUT PEOPLE WHO NEVER QUIT!”

There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do.

Your character is more important than how skilled you are in any sport. Your athleticism is only temporary but your character, the type of person you are, lasts forever.

Be humble. Be Compassionate. Be Honest. Be Kind. Be Selfless. Be Grateful. Be Mentally Tough. Be True and Be the best person you can possibly be.

Your Character is what matters most!

Sports Event Managers

HOW MUCH PHYSICAL ACTIVITY DO I NEED?

To maintain or improve your health, aim for 150 minutes per week—or at least 30 minutes on all or most days of the week—of moderate physical activity. Moderate activities are ones that you can talk—but not sing—while doing, such as brisk walking or dancing. These activities speed up your heart rate and breathing.

If you haven't been active, work slowly toward the goal of 150 minutes per week. For example, start out doing light or moderate activities for shorter amounts of time throughout the week. You can gain some health benefits even if you do as little as 60 minutes of moderate physical activity a week.

For best results, spread out your physical activity throughout the week. Even 10 or 15 minutes at a time counts. And any amount of physical activity is better than none at all.

To lose weight and keep it off, you may need to be even more active. Shoot for 300 minutes per week, or an hour a day 5 days a week. On at least 2 days per week, also try activities that strengthen your muscles. Examples of these activities include workouts using hand weights or rubber strength bands.

Investiture Ceremony

"The secret of change is to focus all your energy, not on fighting the old, but on building the new."

As this pandemic has driven us physically apart, technology has brought us together.

Technology has always been opening doors to newer opportunities and simplifying life for us. It has broken barriers and helped us re-imagine the world by making life easier and convenient, faster and flexible in so many ways. Today, technology has once again come forward to make another impossible task possible.

PRIMARY SECTION



ROUND 1 : Caliber & Questionnaire

**STUDENT
COUNCIL**
SPEAK OUT BE HEARD MAKE A CHANGE
WE MUST BECOME THE CHANGE WE WANT TO SEE

ROUND 2 : Live Presentation

- Give one unique idea for SSR care to share initiative through live presentation
- OR
- What unique competition ideas would you suggest for our online platform? (Present it in a live presentation)
- OR
- If you are given an opportunity to promote our school. What unique ideas can you suggest for our school Instagram page, Facebook page and our school website?



Bhagat Singh House

HOUSE MASTER: MS. ALPA

House Members:

Ms. Nayana
Ms. Shobha
Ms. Hetal
Ms. Baljeet
Ms. Tanuja
Mr. Hemant
Ms. Hemalata



Rabindranath Tagore House

HOUSE MASTER: MS. ARCHANA

House Members:

Ms. Pawanjyot
Ms. Vanishree
Ms. Manisha
Ms. Daffodil
Ms. Pearl
Ms. Neha
Mr. Vishwanath
Mr. David
Mr. Rahul



Lokmanya Tilak House

HOUSE MASTER: MS. SAROJ

House Members:

Ms. Bincy
Ms. Pooja
Ms. Anu
Ms. Maryam
Ms. Zeenath
Ms. Sreela
Mr. Surendra
Mr. Sunil



Swami Vivekananda House

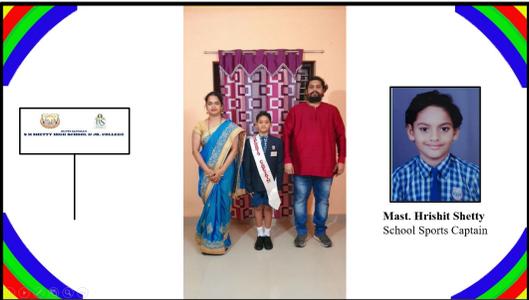
HOUSE MASTER: MS. VARSHA

House Members:

Ms. Harjinder
Ms. Sultana
Ms. Priyanka
Ms. Sheela
Ms. Shaili
Ms. Manpreet
Ms. Vidhya
Ms. Nisha



Investiture Ceremony



Students' Council 2021-22

 Master Mohammad Sufiyan Head Boy	 Miss Anusha Jain Head Girl	 Master Hrishit Shetty School Sports Captain	 Master Reyansh Poojary Deputy Head Boy	 Miss Shruti Thakur Deputy Head Girl
 Miss Sadichha Kadam House Captain		 Miss Samridhi Hegde House Captain		
 Miss Vedha Reddy House Captain		 Miss Ashna Madhavan House Captain		



Office Bearers of Primary Section 2021-22

Head Boy	Master Mohammad Sufiyan
Head Girl	Miss Anusha Jain
Deputy Head Boy	Master Reyansh Poojary
Deputy Head Girl	Miss Shruti Thakur
School Sports Captain	Master Hrishit Shetty

Bhagat Singh House – Blue	Captain	Miss Sadichha Kadam
Tagore House - Green	Captain	Miss Samriddhi Hegde
Tilak House - Red	Captain	Miss Vedha Reddy
Swami Vivekananda House -	Captain	Miss Ashna Madhavan

JUNE

Std. I - Toss the Balloon
Std. II to V - Physical Fitness Workout

Std. I, II & V - Good habits ... Diet & Nutrition
Std. III - Action Research
Std. IV - Achieve your goal

Std. I - Yoga.. A Journey of the Self
Std. II - Let's play with cardboard
Std. III - Agility Drill
Std. IV - Paper Fitness

DECEMBER

Std. II - Let's Concentrate
Std. III - Bull's Eye
Std. IV - Carrom
Std. V - Chess

OCTOBER

SEPTEMBER

Std. I - Fitness & Strengthening
Std. II - Enjoy with Obstacle
Std. III - Let's Concentrate
Std. IV - Yoga.. A Journey of the Self
Std. V - Shh... I am concentrating

JANUARY

Std. I to V - The Fitness Pack

JULY

Std. I & IV - Shh... I am concentrating
Std. II, III & V - Yoga... A journey of the Self

Std. I to V - Suryanamaskar

FEBRUARY

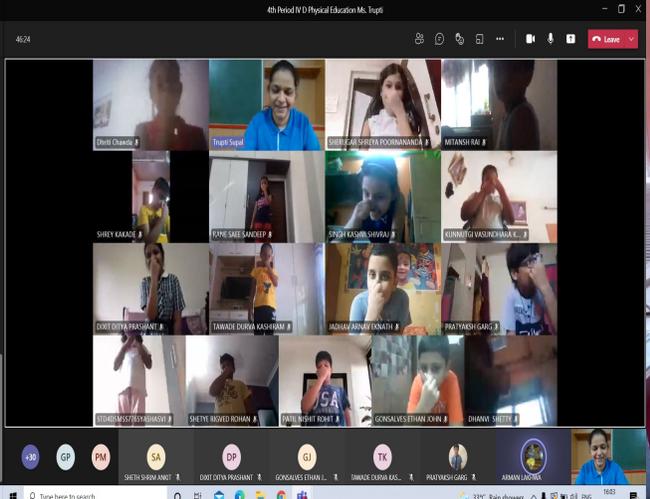
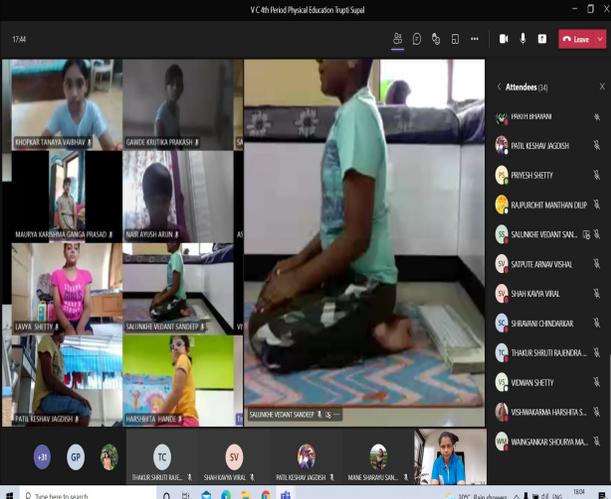
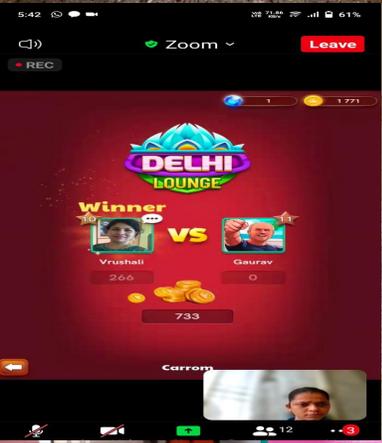
AUGUST

Std. I - Physical Fitness Workout
Std. II - Fun, Fitness, Exercise
Std. III & IV - Good habits ... Diet & Nutrition
Std. V - ABC Workout

NOVEMBER

MARCH

Std. I to V - Fun, Fitness & Exercise

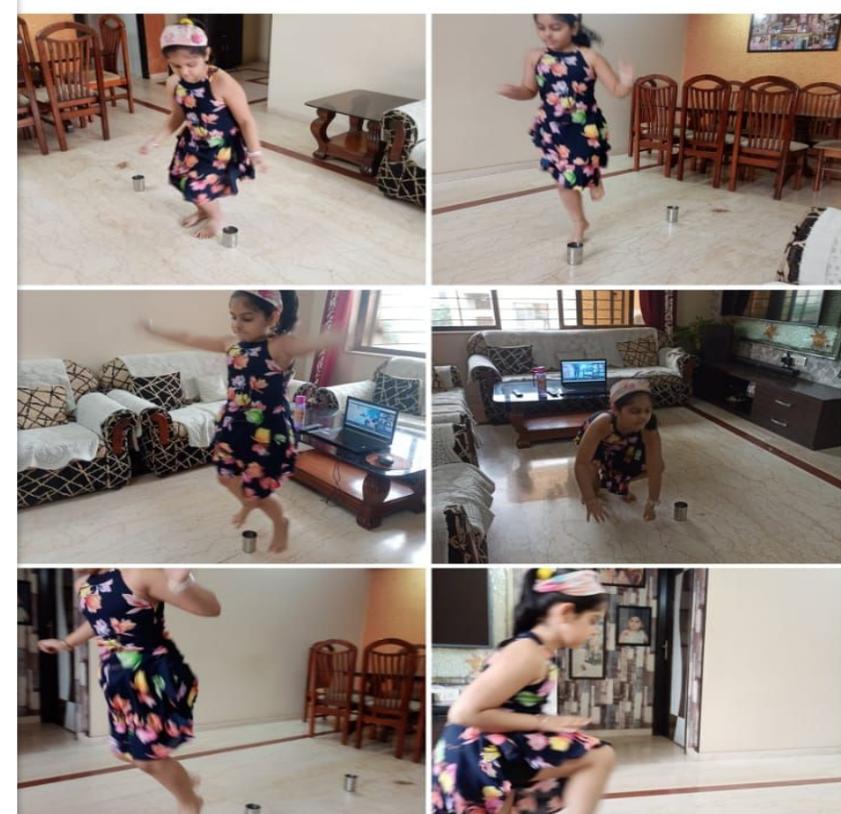




Physical Fitness workout



Good Habits Diet & Nutrition





HALL OF FAME



Agraj Agarwal
Std. I
1st Position
Ball Go Round



Tanishka Shetty
Std. I
2nd Position
Ball Go Round



Veeksha Shetty
Std. I
2nd Position
Ball Go Round



Vihaan Minde
Std. I
3rd Position
Ball Go Round



Siddhant Amin
Std. I
3rd Position
Ball Go Round



Siddhant Devadiga
Std. I
1st Position
Ball Go Round



Satwik Navin
Std. I
2nd Position
Ball Go Round



Zaid Shaikh
Std. I
3rd Position
Ball Go Round



Kshitij Sonawane
Std. II
1st Position
Roly-Poly



Ojas Dalvi
Std. II
2nd Position
Roly-Poly



Vedant Nagwekar
Std. II
3rd Position
Roly-Poly



Devam Dound
Std. II
3rd Position
Roly-Poly



Varun Waghmode
Std. II
1st Position
Roly-Poly



Pratiksha Shetty
Std. II
2nd Position
Roly-Poly



Sharanya Shetty
Std. II
3rd Position
Roly-Poly



Jiansh Jain
Std. III
1st Position
Stumbling Block



Vignesh Panigrahi
Std. III
1st Position
Stumbling Block



Trisha Rajgor
Std. III
2nd Position
Stumbling Block



Kaustubh Wadkar
Std. III
2nd Position
Stumbling Block



Navya Karthik
Std. III
3rd Position
Stumbling Block



Yogesh Gabhale
Std. III
3rd Position
Stumbling Block



Nirbhay Kashid
Std. III
2nd Position
Stumbling Block



Mohita Devadiga
Std. III
2nd Position
Stumbling Block



Anshuman Shinde
Std. III
2nd Position
Stumbling Block



Sanaya Poojari
Std. III
3rd Position
Stumbling Block



Ovi Patil
Std. III
3rd Position
Stumbling Block



Trisha Suvarna
Std. IV
1st Position
Let's perform crunches



Shravani Shetty
Std. IV
2nd Position
Let's perform crunches



Ayurtha Desai
Std. IV
3rd Position
Let's perform crunches



Ethan Gonsalves
Std. IV
1st Position
Let's perform crunches



Ditya Dixit
Std. IV
2nd Position
Let's perform crunches



Rianshi Shetty
Std. IV
3rd Position
Let's perform crunches



Trisha Suvarna
Std. V
1st Position
See Saw



Sharayu Mane
Std. V
2nd Position
See Saw



Swanit Shinde
Std. V
3rd Position
See Saw



Nyasa Upadhyay
Std. V
1st Position
See Saw



Khushleen Kaur
Std. V
2nd Position
See Saw



Hrishit Shetty
Std. V
3rd Position
See Saw



Azmat Shaikh
Std. I
1st Position
Step up & down



Grishma Shinde
Std. I
2nd Position
Step up & down



Swara Sherkar
Std. I
3rd Position
Step up & down



Mehar kaur Badwal
Std. I
1st Position
Step up & down

HALL OF FAME



Shrihan Dalvi
Std. I
2nd Position
Step up & down



Siddhant Devadiga
Std. I
3rd Position
Step up & down



Devam Dound
Std. II
1st Position
Jammin' Jammers



Diya Shetty
Std. II
2nd Position
Jammin' Jammers



Shees Bagwan
Std. II
3rd Position
Jammin' Jammers



Varun Waghmode
Std. II
1st Position
Jammin' Jammers



Detisha Joshi
Std. II
2nd Position
Jammin' Jammers



Pooja Kapasi
Std. II
3rd Position
Jammin' Jammers



Kaustubh Wadkar
Std. III
1st Position
Let's Leap



Ved Deshpande
Std. III
2nd Position
Let's Leap



Saurabh Sarang
Std. III
3rd Position
Let's Leap



Gattik Kanekar
Std. III
1st Position
Let's Leap



Bhakti Shetty
Std. III
2nd Position
Let's Leap



Darsh Parab
Std. III
3rd Position
Let's Leap



Ayurtha Desai
Std. IV
1st Position
Fling the ball



Poojith Shetty
Std. IV
2nd Position
Fling the ball



Rudula Patil
Std. IV
3rd Position
Fling the ball



Mitansh Rai
Std. IV
1st Position
Fling the ball



Bhagesh Padre
Std. IV
2nd Position
Fling the ball



Tanvi Shetty
Std. IV E
3rd Position
Fling the ball



Kanishka Salvi
Std. V A
1st Position
Rope Masters



Shravani Chindarkar
Std. V
2nd Position
Rope Masters



Krutika Gawde
Std. V
3rd Position
Rope Masters



Hrishit Shetty
Std. V
1st Position
Rope Masters



Suhani Patel
Std. V
2nd Position
Rope Masters



Muntasir Ansari
Std. V
3rd Position
Rope Masters



Rutvi Bhalekar
Std. I A
1st Position
Quiz - Cricket



Vrusha Shetty
Std. I A
2nd Position
Quiz - Cricket



Risha Shetty
Std. I A
3rd Position
Quiz - Cricket



Reyansh Gaonkar
Std. I B
1st Position
Quiz - Cricket



Sarth Loke
Std. I B
2nd Position
Quiz - Cricket



Yashita Maurya
Std. I B
3rd Position
Quiz - Cricket



Ananya Shrivastava
Std. I C
1st Position
Quiz - Cricket



Renee Simon
Std. I C
2nd Position
Quiz - Cricket



Arnavi Nerurkar
Std. I C
3rd Position
Quiz - Cricket



Sehrish Shaikh
Std. I D
1st Position
Quiz - Cricket



Tanishq Newalkodi
Std. I D
2nd Position
Quiz - Cricket



Devashree Dalvi
Std. I D
3rd Position
Quiz - Cricket



Siddhant Devadiga
Std. I E
1st Position
Quiz - Cricket



Pranidhi Gandamali
Std. I E
2nd Position
Quiz - Cricket



Shanaya Sunil
Std. I E
3rd Position
Quiz - Cricket



Navya Gaikwad
Std. I F
1st Position
Quiz - Cricket

HALL OF FAME



Pahal Desai
Std. I F
2nd Position
Quiz - Cricket



Krishnam Chilveri
Std. I F
3rd Position
Quiz - Cricket



Shivani Sala
Std. I G
1st Position
Quiz - Cricket



Harsh Patni
Std. I G
2nd Position
Quiz - Cricket



Shourya Shetty
Std. I G
3rd Position
Quiz - Cricket



Vedant Nagvekar
Std. II A
1st Position
Quiz - Football



Naitik Shetty
Std. II A
2nd Position
Quiz - Football



Shaurya Taneja
Std. II A
3rd Position
Quiz - Football



Avaneesh Raut
Std. II B
1st Position
Quiz - Football



Priyansh Phutane
Std. II B
2nd Position
Quiz - Football



Rishik Shetty
Std. II B
3rd Position
Quiz - Football



Ojas Dalvi
Std. II C
1st Position
Quiz - Football



Kshitij Sonawane
Std. II C
2nd Position
Quiz - Football



Rachit Naik
Std. II C
3rd Position
Quiz - Football



Tej Patel
Std. II D
1st Position
Quiz - Football



Anvi Wattamwar
Std. II D
2nd Position
Quiz - Football



Darien Dias
Std. II D
3rd Position
Quiz - Football



Rugved Sawant
Std. II E
1st Position
Quiz - Football



Dilraj Grewal
Std. II E
2nd Position
Quiz - Football



Prithviraj Nalawade
Std. II E
3rd Position
Quiz - Football



Lithika Shetty
Std. II F
1st Position
Quiz - Football



Trisha Panday
Std. II F
2nd Position
Quiz - Football



Aarohi Gaurat
Std. II F
3rd Position
Quiz - Football



Ved Deshpande
Std. III A
1st Position
Quiz - Badminton



Piyush Singh Rawat
Std. III A
2nd Position
Quiz - Badminton



Om Panchal
Std. III A
3rd Position
Quiz - Badminton



Medhansh Pochampally
Std. III B
1st Position
Quiz - Badminton



Charmi Panaganti
Std. III B
2nd Position
Quiz - Badminton



Sanvi Yadav
Std. III B
3rd Position
Quiz - Badminton



Ved Karale
Std. III C
1st Position
Quiz - Badminton



Arham Khan
Std. III C
2nd Position
Quiz - Badminton



Dhanvi Chorge
Std. III C
3rd Position
Quiz - Badminton



Dhrihya Rajawat
Std. III D
1st Position
Quiz - Badminton



Mohita Devadiga
Std. III D
2nd Position
Quiz - Badminton



Bhakti Shetty
Std. III D
3rd Position
Quiz - Badminton



Aaradhya Gore
Std. III E
1st Position
Quiz - Badminton



Uzair Mulla
Std. III E
2nd Position
Quiz - Badminton



Divit Barot
Std. III E
3rd Position
Quiz - Badminton



Trisha Suvarna
Std. IV A
1st Position
Quiz - Chess



Ojasvi Parab
Std. IV A
2nd Position
Quiz - Chess



Mrunal Shingote
Std. IV A
3rd Position
Quiz - Chess



Kashid Vyas
Std. IV B
1st Position
Quiz - Chess

HALL OF FAME



Anaab Mallick
Std. IV B
2nd Position
Quiz - Chess



Avaneesh Kadam
Std. IV B
3rd Position
Quiz - Chess



Avni Binu
Std. IV C
1st Position
Quiz - Chess



Jiya Jain
Std. IV C
2nd Position
Quiz - Chess



Khushal Chandorkar
Std. IV C
3rd Position
Quiz - Chess



Kartik Gole
Std. IV D
1st Position
Quiz - Chess



Ethan Gonsalves
Std. IV D
2nd Position
Quiz - Chess



Nishita Doiphode
Std. IV D
3rd Position
Quiz - Chess



Tanvi Tiwari
Std. IV E
1st Position
Quiz - Chess



Anay Toraskar
Std. IV E
2nd Position
Quiz - Chess



Atkish Rajesh
Std. IV E
3rd Position
Quiz - Chess



Devasya Rane
Std. IV F
1st Position
Quiz - Chess



Ashirya Sonawne
Std. IV F
2nd Position
Quiz - Chess



Bhagesh Padre
Std. IV F
3rd Position
Quiz - Chess



Kanishka Salvi
Std. V A
1st Position
Quiz - Kabaddi



Rudransh Shrivastav
Std. V A
2nd Position
Quiz - Kabaddi



Mihika Malve
Std. V A
3rd Position
Quiz - Kabaddi



Mohd Umar Malik
Std. V B
1st Position
Quiz - Kabaddi



Tanzeela Tinwala
Std. V B
2nd Position
Quiz - Kabaddi



Yash Kulkarni
Std. V B
3rd Position
Quiz - Kabaddi



Tanaya Khopkar
Std. V C
1st Position
Quiz - Kabaddi



Vedant Salunkhe
Std. V C
2nd Position
Quiz - Kabaddi



Sharayu Mane
Std. V C
3rd Position
Quiz - Kabaddi



Rableen Kaur Khalon
Std. V D
1st Position
Quiz - Kabaddi



Shubanan Shetty
Std. V D
2nd Position
Quiz - Kabaddi



Samyak Lokhande
Std. V D
3rd Position
Quiz - Kabaddi



Nyasa Upadhyay
Std. V E
1st Position
Quiz - Kabaddi



Sarthak Dhanawade
Std. V E
3rd Position
Quiz - Kabaddi



Suhani Patel
Std. V E
3rd Position
Quiz - Kabaddi



Anusha Maury
Std. I
1st Position
Tree Pose - Vriksasana



Gargi Sawant
Std. I
2nd Position
Tree Pose - Vriksasana



Rithvi Shetty
Std. I
3rd Position
Tree Pose - Vriksasana



Soham Wayval
Std. I
1st Position
Tree Pose - Vriksasana



Smit Patel
Std. I
2nd Position
Tree Pose - Vriksasana



Sohan Shetty
Std. I
3rd Position
Tree Pose - Vriksasana



Meher Kaur
Std. I
1st Position
Tree Pose - Vriksasana



Viona Patel
Std. I
2nd Position
Tree Pose - Vriksasana



Devashree Dalvi
Std. I
1st Position
Tree Pose - Vriksasana



Satwik Navin
Std. I
1st Position
Tree Pose - Vriksasana



Purvesh More
Std. I
2nd Position
Tree Pose - Vriksasana



Bhavyam Panchal
Std. I
3rd Position
Tree Pose - Vriksasana



Shreeya Pednekar
Std. II
1st Position
Tree Pose - Vriksasana

HALL OF FAME



Divyanshi Shukla
Std. II
2nd Position
Tree Pose - Vriksasana



Ritika Barla
Std. II
3rd Position
Tree Pose - Vriksasana



Shlok Suryawanshi
Std. II
1st Position
Tree Pose - Vriksasana



Ayush Rane
Std. II
2nd Position
Tree Pose - Vriksasana



Ashrith Shetty
Std. II
3rd Position
Tree Pose - Vriksasana



Pratiksha Shetty
Std. II
1st Position
Tree Pose - Vriksasana



Sayoori Nair
Std. II
2nd Position
Tree Pose - Vriksasana



Sharnya Shetty
Std. II
3rd Position
Tree Pose - Vriksasana



Saksham Dhumale
Std. II
1st Position
Tree Pose - Vriksasana



Ibrahim Khwaja
Std. II
2nd Position
Tree Pose - Vriksasana



Darien Dias
Std. II
3rd Position
Tree Pose - Vriksasana



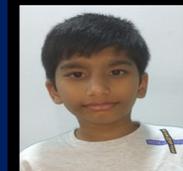
Sarika Mishra
Std. III
1st Position
Tree Pose - Vriksasana



Shreshtha Khot
Std. III
2nd Position
Tree Pose - Vriksasana



Saanvi Yadav
Std. III
3rd Position
Tree Pose - Vriksasana



Arya Gharge
Std. III
1st Position
Tree Pose - Vriksasana



Medhansh Reddy
Std. III
2nd Position
Tree Pose - Vriksasana



Laksh Shetty
Std. III
3rd Position
Tree Pose - Vriksasana



Aaradhya Shelke
Std. III
1st Position
Tree Pose - Vriksasana



Bhanavi Shetty
Std. III
2nd Position
Tree Pose - Vriksasana



Bhakti Shetty
Std. III
3rd Position
Tree Pose - Vriksasana



Darsh Parab
Std. III
1st Position
Tree Pose - Vriksasana



Aayush Narkar
Std. III E
2nd Position
Tree Pose - Vriksasana



Magesh Waghmare
Std. III
3rd Position
Tree Pose - Vriksasana



Rudula Patil
Std. IV
1st Position
Wheel Pose - Chakrasasana



Trisha Suvarna
Std. IV
2nd Position
Wheel Pose - Chakrasasana



Dhanvi Birmole
Std. IV
3rd Position
Wheel Pose - Chakrasasana



Asaad Shaikh
Std. IV
1st Position
Wheel Pose - Chakrasasana



Aarush Jalgaonkar
Std. IV
2nd Position
Wheel Pose - Chakrasasana



Anay Dharmi
Std. IV
3rd Position
Wheel Pose - Chakrasasana



Alceana Bagwan
Std. IV
1st Position
Wheel Pose - Chakrasasana



Ditya Dixit
Std. IV
2nd Position
Wheel Pose - Chakrasasana



Zia Shaikh
Std. IV
3rd Position
Wheel Pose - Chakrasasana



Moksh Hegde
Std. IV
1st Position
Wheel Pose - Chakrasasana



Mitansh Rai
Std. IV
2nd Position
Wheel Pose - Chakrasasana



Bhagesh Padre
Std. IV
3rd Position
Wheel Pose - Chakrasasana



Devanshi Attarde
Std. V
1st Position
Wheel Pose - Chakrasasana



Kanishka Salvi
Std. V
2nd Position
Wheel Pose - Chakrasasana



Shraddha Nayak
Std. V
3rd Position
Wheel Pose - Chakrasasana



Rudransh Shrivastav
Std. V
1st Position
Wheel Pose - Chakrasasana



Angad Mali
Std. V
2nd Position
Wheel Pose - Chakrasasana



Dhyan Jain
Std. V
3rd Position
Wheel Pose - Chakrasasana



Suhani Patel
Std. V
1st Position
Wheel Pose - Chakrasasana

HALL OF FAME



Samridhhi Hegde
Std. V
2nd Position
Wheel Pose - Chakrasasana



Vidita Juwatkar
Std. V
3rd Position
Wheel Pose - Chakrasasana



Addhyan Singh
Std. V
1st Position
Wheel Pose - Chakrasasana



Suryaansh Sujesh
Std. V
2nd Position
Wheel Pose - Chakrasasana



Saarthak Khot
Std. V
3rd Position
Wheel Pose - Chakrasasana



Sthuthi Shetty
Std. I
1st Position
Virtual Run



Rutvi Shetty
Std. I
2nd Position
Virtual Run



Risha Shetty
Std. I
3rd Position
Virtual Run



Rudra Waykar
Std. I
1st Position
Virtual Run



Yug Gogri
Std. I
2nd Position
Virtual Run



Avishkaar Tamuche
Std. I
3rd Position
Virtual Run



Nandini Gupta
Std. I
1st Position
Virtual Run



Devashree Dalvi
Std. I
2nd Position
Virtual Run



Swara Indulkar
Std. I
3rd Position
Virtual Run



Arnav Tambe
Std. I
1st Position
Virtual Run



Siddarth Kulmi
Std. I
2nd Position
Virtual Run



Ram Padekar
Std. I
3rd Position
Virtual Run



Ridaa Shafik
Std. II
1st Position
Virtual Run



Aaradhya Singh
Std. II
2nd Position
Virtual Run



Diya Shetty
Std. II
3rd Position
Virtual Run



Devam Dound
Std. II
1st Position
Virtual Run



Shlok Suryawanshi
Std. II
2nd Position
Virtual Run



Soham Sail
Std. II
3rd Position
Virtual Run



Pratiksha Shetty
Std. II
1st Position
Virtual Run



Aarohi Gaurat
Std. II
2nd Position
Virtual Run



Lithika Shetty
Std. II
3rd Position
Virtual Run



Varun Waghmode
Std. II
1st Position
Virtual Run



Aayansh Patil
Std. II
2nd Position
Virtual Run



Dilraj Singh
Std. II
3rd Position
Virtual Run



Raien Amreen
Std. III
1st Position
Virtual Run



Siddiqi Khan
Std. III
2nd Position
Virtual Run



Aaditi Sawant
Std. III
3rd Position
Virtual Run



Prashul Shetty
Std. III
1st Position
Virtual Run



Shravan Sarang
Std. III
2nd Position
Virtual Run



Yogesh Gabhale
Std. III
3rd Position
Virtual Run



Sanaya Pujari
Std. III
1st Position
Virtual Run



Mohita Devadiga
Std. III
2nd Position
Virtual Run



Pakhi Dandge
Std. III
3rd Position
Virtual Run



Anshuman Shinde
Std. III
1st Position
Virtual Run



Abhir Tiwari
Std. III
2nd Position
Virtual Run



Aayush Narkar
Std. III
3rd Position
Virtual Run



Dhruvi Salaan
Std. IV
1st Position
Virtual Run

HALL OF FAME



Rudula Patil Std. IV 2 nd Position Virtual Run	Dhanvi Birmole Std. IV 3 rd Position Virtual Run	Aarush Jalgaonkar Std. IV 1 st Position Virtual Run	Rudra Athwale Std. IV 2 nd Position Virtual Run	Mayank Shetty Std. IV 3 rd Position Virtual Run	Peehu Jain Std. IV 1 st Position Virtual Run	Tanvi Shetty Std. IV 2 nd Position Virtual Run	Ditya Dixit Std. IV 3 rd Position Virtual Run	Mitansh Rai Std. IV 1 st Position Virtual Run	Kshitij Kambli Std. IV 2 nd Position Virtual Run	Dwij Kothari Std. IV 3 rd Position Virtual Run	Aditi Chalke Std. V 1 st Position Virtual Run	Nidhi Ambre Std. V 2 nd Position Virtual Run	Ritisha Sharma Std. V 3 rd Position Virtual Run
--	--	---	---	---	--	--	---	---	--	--	---	--	---



Ansh Vedpathak Std. V 1 st Position Virtual Run	Kriday Satre Std. V 2 nd Position Virtual Run	Nishit Jadhav Std. V 3 rd Position Virtual Run	Anvisha Shetty Std. V 1 st Position Virtual Run	Trisha Shetty Std. V 2 nd Position Virtual Run	Khushleen Kaur Std. V 3 rd Position Virtual Run	Ayush Shetty Std. V 1 st Position Virtual Run	Shubanan Shetty Std. V 2 nd Position Virtual Run	Reyansh Poojary Std. V 3 rd Position Virtual Run	Ovi Shimpi Std. I 1 st Position Monthly Competition	Moksh Patel Std. I 2 nd Position Monthly Competition	Siddhant Devadiga Std. I 1 st Position Monthly Competition	Satwik Navin Std. I 2 nd Position Monthly Competition	Shreya Kamble Std. I 3 rd Position Monthly Competition
---	---	--	---	--	---	---	--	--	---	--	--	---	--



Diya Shetty Std. II 1 st Position Monthly Competition	Kshitij Sonawane Std. II 2 nd Position Monthly Competition	Devansh Bhagat Std. II 3 rd Position Monthly Competition	Varun Waghmode Std. II 1 st Position Monthly Competition	Delisha Joshi Std. II 2 nd Position Monthly Competition	Pratiksha Shetty Std. II 3 rd Position Monthly Competition	Ved Deshpande Std. III 1 st Position Monthly Competition	Tvisha Shetty Std. III 2 nd Position Monthly Competition	Swaraj Redkar Std. III 3 rd Position Monthly Competition	Sanaya Pujari Std. III 1 st Position Monthly Competition	Mohita Devadiga Std. III 2 nd Position Monthly Competition	Anshuman Shinde Std. III 3 rd Position Monthly Competition	Anay Dhama Std. IV 1 st Position Monthly Competition	Aayurtha Desai Std. IV 2 nd Position Monthly Competition
---	--	--	--	---	--	--	--	--	--	--	--	--	--

HALL OF FAME



Shlok Mehat Std. IV 3 rd Position Monthly Competition	Tiara Oberoi Std. IV 1 st Position Monthly Competition	Ditya Dixit Std. IV 2 nd Position Monthly Competition	Bhagesh Padre Std. IV 3 rd Position Monthly Competition	Sharayu Mane Std. V 1 st Position Monthly Competition	Shruti Thakur Std. V 2 nd Position Monthly Competition	Kanishka Salvi Std. V 3 rd Position Monthly Competition	Hrishit Shetty Std. V 1 st Position Monthly Competition	Vidita Juwatkar Std. V 2 nd Position Monthly Competition	Ayush Shetty Std. V 3 rd Position Monthly Competition
--	---	--	--	--	---	--	--	---	--

The Stars of Sports Fest



Veeksha Shetty Std. I 1 st Position Tunnel Pass	Saanvi Ambre Std. I 2 nd Position Tunnel Pass	Eeshika Jain Std. I 3 rd Position Tunnel Pass	Moksh Patel Std. I 1 st Position Tunnel Pass
--	--	--	---



Vyom Sandha Std. I 2 nd Position Tunnel Pass	Avishkaar Tamuche Std. I 2 nd Position Tunnel Pass	Pahal Desai Std. I 1 st Position Tunnel Pass	Viona Patel Std. I 2 nd Position Tunnel Pass	Swara Indulkar Std. I 2 nd Position Tunnel Pass	Vyom Upadhyay Std. I 1 st Position Tunnel Pass	Harsh Patni Std. I 2 nd Position Tunnel Pass	Kartik Malhotra Std. I 2 nd Position Tunnel Pass	Veena Kamble Std. II 1 st Position Chopstick Challenge	Naitri Sharma Std. II 2 nd Position Chopstick Challenge	Diya Shetty Std. II 2 nd Position Chopstick Challenge	Jaideep Maurya Std. II 1 st Position Chopstick Challenge	Kshitij Sonawane Std. II 2 nd Position Chopstick Challenge	Rachit Naik Std. II 3 rd Position Chopstick Challenge
---	---	---	---	--	---	---	---	---	--	--	---	---	--

HALL OF FAME



Tvisha Shah
Std. II
1st Position
Chopstick Challenge



Delisha Joshi
Std. II
2nd Position
Chopstick Challenge



Trisha Panday
Std. II
3rd Position
Chopstick Challenge



Aman Salil
Std. II
1st Position
Chopstick Challenge



Aayansh Patil
Std. II
2nd Position
Chopstick Challenge



Akshat Tiwari
Std. II
3rd Position
Chopstick Challenge



Aadhya Kabade
Std. III
1st Position
Fun with Straw



Myra Jain
Std. III
2nd Position
Fun with Straw



Gatha Darne
Std. III
3rd Position
Fun with Straw



Yash Jadhav
Std. III
1st Position
Fun with Straw



Ved Deshpande
Std. III
2nd Position
Fun with Straw



Mayank Kankariya
Std. III
3rd Position
Fun with Straw



Bhanavi Shetty
Std. III
1st Position
Fun with Straw



Sanaya Poojari
Std. III
2nd Position
Fun with Straw



Jasleen Kaur Girm
Std. III
3rd Position
Fun with Straw



Anshuman Shinde
Std. III
1st Position
Fun with Straw



Darshit Mudaliyar
Std. III
2nd Position
Fun with Straw



Drishya Rajawat
Std. III
3rd Position
Fun with Straw



Rudula Patil
Std. IV
1st Position
Mountain Buildings



Aayurtha Desai
Std. IV
2nd Position
Mountain Building



Shravani Shetty
Std. IV
3rd Position
Mountain Building



Khushal Chandorkar
Std. IV
1st Position
Mountain Buildings



Aditya Joshi
Std. IV
2nd Position
Mountain Building



Asaad Shaikh
Std. IV
3rd Position
Mountain Building



Rianshi Shetty
Std. IV
1st Position
Mountain Buildings



Tanvi Tiwari
Std. IV
2nd Position
Mountain Building



Tiara Oberoi
Std. IV
3rd Position
Mountain Building



Dhvaj Kothari
Std. IV
1st Position
Mountain Buildings



Mitansh Rai
Std. IV
2nd Position
Mountain Building



Bhavesh Parde
Std. IV
3rd Position
Mountain Building



Karishma Maurya
Std. V
1st Position
Balloon Stack



Kanishka Salvi
Std. V
2nd Position
Balloon Stack



Vedha Pochampally
Std. V
3rd Position
Balloon Stack



Rudransh Shrivastav
Std. V
1st Position
Balloon Stack



Nishit Jadhav
Std. V
2nd Position
Balloon Stack



Yash Kulkarni
Std. V
3rd Position
Balloon Stack



Khushleen Kaur
Std. V
1st Position
Balloon Stack



Anusha Jain
Std. V
2nd Position
Balloon Stack



Trisha Shetty
Std. V
3rd Position
Balloon Stack



Ayush Shetty
Std. V
1st Position
Balloon Stack



Hrishit Shetty
Std. V
2nd Position
Balloon Stack



Addhyan Singh
Std. V
3rd Position
Balloon Stack

Health & Happiness Parents' Sports Event



On the occasion of World Health Day, Bunts Sangha's S M Shetty High School and Jr College organized *Health and Happiness Parents' Event*. Our parents were glad to participate and enthusiastically showed child like spirit and cherished the events to their best. There was no end to their joy as they realized that they have got their days before the lockdown back. This was also one of the first offline event conducted for the parents in the past 2 years. Like always, our parents proved us even this time that they truly believe in the saying Life doesn't just HAPPEN. It requires our PARTICIPATION. Nothing of this would have been possible without your support, encouragement and diligence. We extend our gratitude to our dear parents for making this event a memorable one.

Health & Happiness Teacher's Sports Event



To maintain good physical fitness and strength & to bring happiness and enjoyment in teachers life, a day filled with Fun games was organized for our teachers.

Sports Achievements

Hrishit Shetty V D



Our Star and achiever. Our Primary Section's Sports Captain is now a National level Kickboxer.

It has been indeed a proud moment for all of us as our student Master Hrishit Shetty, a sports aficionado, secured First Position in the Cadets and Juniors National Level Kickboxing Championship-2021.

Yet again we feel honored to announce that Hrishit Shetty has once again proved his mettle in the field of sports by winning two Gold Medals in Kick light and Light contact event that was organized by Mumbai Mayor Kickboxing Chashak competition 2022.

His accomplishments are innumerable in the field of sports and education.

Secondary Section

“Practice like you've never won, perform like you've never lost.”

It's not what we do once in a while that shapes our lives. It's what we do consistently, persistently and alongside a no-give-up spirit. 97% of the people who quit too soon are employed by the 3% who never gave up. People don't buy what you do; they buy why you do it. And what you do simply proves what you believe. If it was easy, everyone would do it. Almost every successful person begins with two beliefs: the future can be better than the present, and I have the power to make it so. Stop waiting for Friday, for summer, for someone to fall in love with you, for life. Happiness is achieved when you stop waiting for it and make the most of the moment you are in now. "How to make people interested in you?" Unless you try to do something beyond what you have already mastered, you will never grow; and the people still aren't interested in YOU. Take the challenge to create and the risks to innovate; much better with your unbiased passion. Stop telling yourself that you have no special talents; sufficient it may with just a passionate curiosity. As I look back on my life, I realize that every time I thought I was being rejected from something good, I was actually being re-directed to something better.

I learned to be a natural problem solver, the ones who see opportunity when most see impossibility. I learned to act with entrepreneurial drive, think outside the box and always think BIGGER. To achieve success, you must be willing to grow and change to become who you need to be. Just remember, excuses will always be there for you, OPPORTUNITY won't !

Sports Event Managers

From the desk of P.E. teachers

“Believe you can and you're halfway there.”

We all have been in a place, sometimes, in our mind, where we do not feel like doing anything. Right? Our growing up years defines a lot about us as they mold us in a certain way. We learn the do(s) and the don't(s) of life. And thus, we start believing that we could do a few things and some not. It means that realization is not only about overcoming external forces but about working hard and making sacrifices. It is about overcoming the power of your own mind. If you do not believe in yourself, then who will? Believing is the first step to achieving. Without it, our dreams and goals are pointless. Second-guessing your capability and questioning your skills will never make you accomplish anything in life, ever! The first battle is not planning or thinking of ways to achieve a goal, but believing that you can and then put your mind in the right place. Our mind works mysteriously. It can be trained to function in a certain way. The second part of the quote says you are halfway there. That means - you need to take action and begin to move the forces in the universe. When you are halfway to achieving your goals, and you believe you can, it will make you go all the way. Success is hard. It demands discipline and focus. You must be willing to make sacrifices to achieve what you want. They do not need to know much to start doing it. All they need is to just believe that they can, and guess what? They are halfway there! So, you have nothing to lose! From now on, start believing that you can, and you are halfway there too!



BHAGAT SINGH HOUSE

House Master:

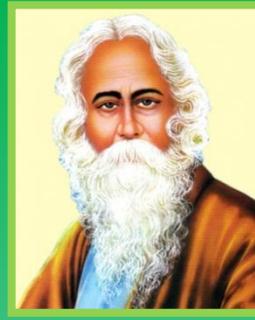
Ms. Shiney Sabastin

Assistant House Master:

Mr. Anil Vishwakarma

House Teachers:

Mr. Rajendra Gaikwad
Ms. Manjit Kaur Bhoee
Ms. Padmakshi Joshi
Ms. Pinky Jalui
Ms. Kumudini Dhuri
Ms. Reena Poojari



RABINDRANATH TAGORE HOUSE

House Master:

Ms. Ranjana Singh

Assistant House Master:

Ms. Lydia Fernandes

House Teachers:

Ms. Rajani Parab
Ms. Manika Pal
Ms. Neha Tulsian
Ms. Poornima Shetty
Ms. Suvarna Satardekar
Mr. Devendrasih Chavda



LOKMANYA TILAK HOUSE

House Master:

Ms. Tejaswini Pednekar

Assistant House Master:

Ms. Vidya Shirke

House Teachers:

Ms. Sheetal Deodhar
Ms. Rukhsar Pometkar
Ms. Vandana Singh
Ms. Kalawati Panchal
Mr. Ashwin Jadhav
Ms. Renuka Singh



SWAMI VIVEKANANDA HOUSE

House Master:

Ms. Ranjana Singh

Assistant House Master:

Ms. Lydia Fernandes

House Teachers:

Ms. Maninder Kaur Lakha
Ms. Meena Babujaya
Ms. Anupriya Shetty
Ms. Manisha Bhujbal
Ms. Sarika Lad

SELECTION PROCESS

1. Application Round
2. Elocution
3. Book Talk
4. Interview
5. Campaigning & Voting



Students' Council 2021-22 (Secondary Section)



Mast. Devshish Sonar
Head Boy



Ms. Ananya Devasper
Head Girl



Ms. Dhruvi Shetty
School Sports Captain



Mast. Vedant Bochare
Deputy Head Boy



Ms. Siya Gopinathan
Deputy Head Girl



Mast. Johaan Neelamkavil
House Captain



Ms. Jiya Bajwa
Deputy House Captain



Mast. Murli Minariya
Sports Captain



Ms. Arpita Singh
House Captain



Mast. Parth Chhugani
Deputy House Captain



Mast. Truptesh Shinde
Sports Captain



Ms. Dhruvi Jain
House Captain



Ms. Niyati Ganotra
Deputy House Captain



Mast. Abhishek Pathak
Sports Captain



Ms. Pratha Dubey
House Captain



Mast. Fawaaz Mistry
Deputy House Captain



Mast. Gautamraj Yadav
Sports Captain

INTERNATIONAL YOGA DAY

On 21st June 2021, International Yoga Day was celebrated in secondary school section for students of Std VI to X. It was conducted live on zoom platform where all the students of a standard joined together to perform various yoga positions. The program started with the school prayer. PE teachers explained the Importance of Yoga Day to the students.

Stretching exercises were done by students to get ready for asanas. Then they performed few Standing Yoga Positions like Virbhadrasana, Adho Mukh Swanasana, Artha Uttanasana and Vrikshasana. Teacher explained the health benefits and importance of these asanas.

Importance of Breathing Exercise “Pranayama” was explained to the students. Students performed Kapalbhati, Bhastrika and Anulom-Vilom under the guidance of teacher.

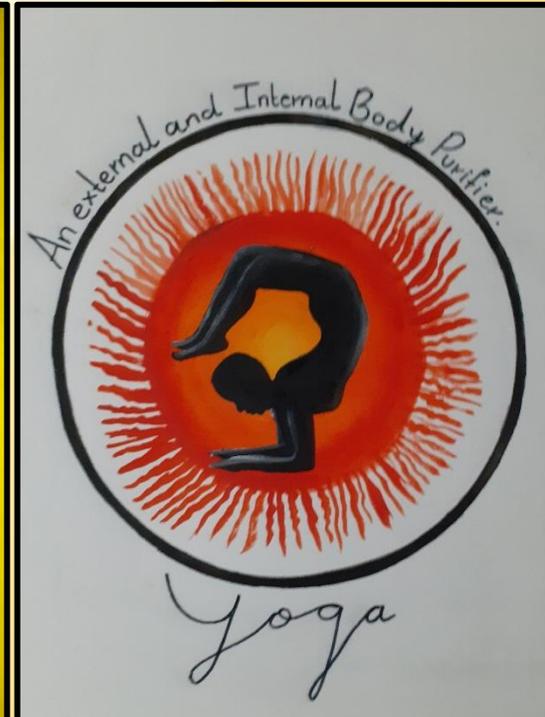
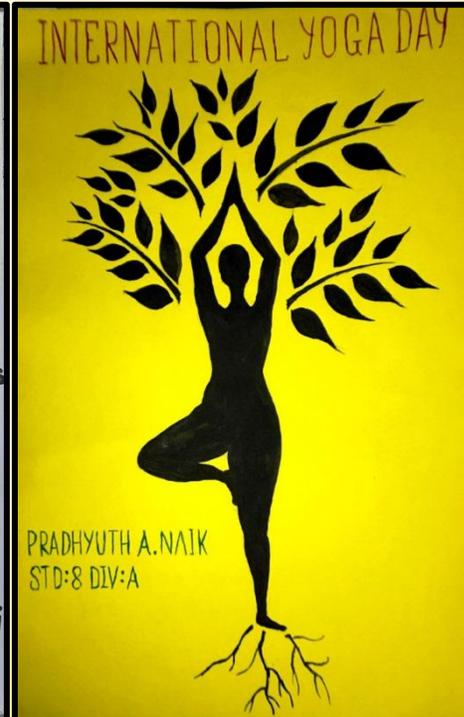
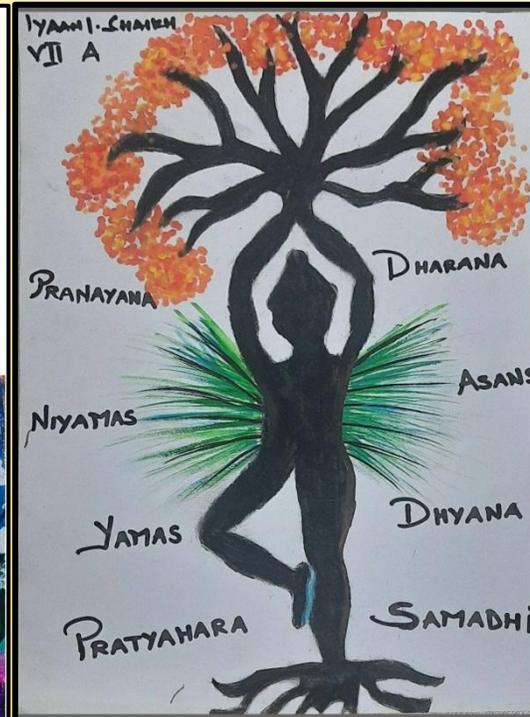
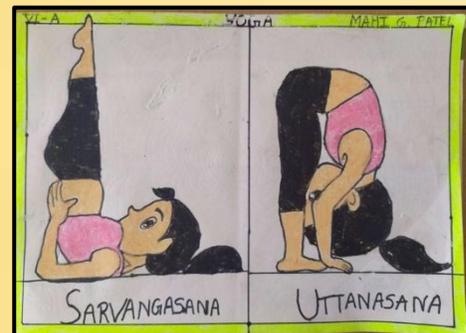
Om chanting was done while breathing to exhale more and more air.



POSTER COMPETITION – INTERNATIONAL YOGA DAY

On the occasion of International Yoga Day 2021, a poster competition was organised.

Total 144 students from Std 6 to 8 participated in this competition. Students were given standard wise topics for the poster by their art teachers. Poster entries were accepted on sports email ID, sportsbsmsm@gmail.com from 21st June to 27th June 2021. Standard wise top 10 posters were selected from std 6 to 8. Participation certificates were given for other poster entries.



RESULTS OF POSTER COMPETITION

Winners from Std VI

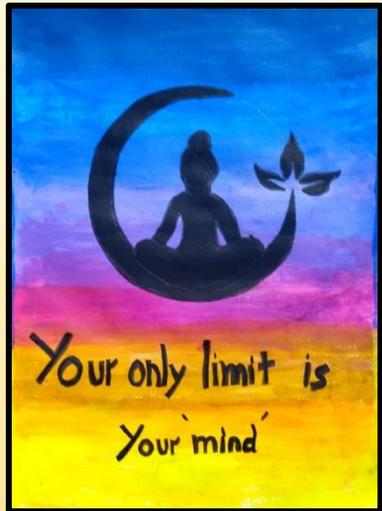
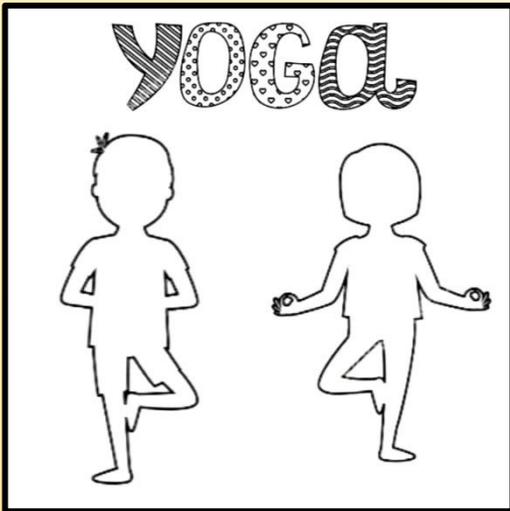
Rank	Name	Class
1	Miss Riti Jain	VI F
2	Miss Somya Roy	VI E
3	Miss Tanvi Suvarna	VI C
4	Miss Siddhi Yelkar	VI F
5	Miss Ovi Kadam	VI D
6	Master Lakshya Pangariya	VI A
7	Miss Shagun Ray	VI E
8	Miss Khushi Sharma	VI B
9	Miss Mahi Patel	VI A
10	Master Tanuj Gaikwad	VI F

Winners from Std VII

Rank	Name	Class
1	Miss Vinisha Shetty	VII D
2	Miss Pearl Jain	VII C
3	Miss Sirah Shaikh	VII F
4	Master Yash Panchal	VII C
5	Miss Kirti Khedkar	VII B
6	Miss Hemangi Patel	VII A
7	Miss Dhriti Chheda	VII A
8	Miss Ritul Verma	VII E
9	Miss Karunya Shetty	VII E
10	Master Iyaan shaikh	VII A

Winners from Std VIII

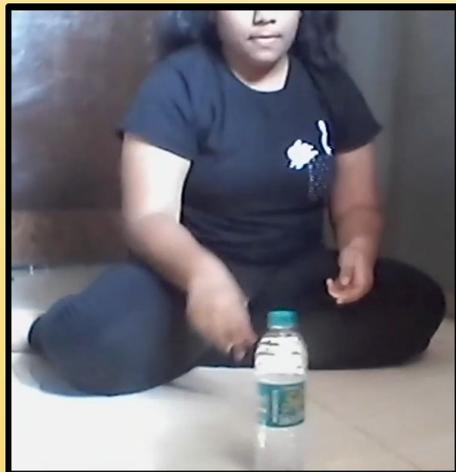
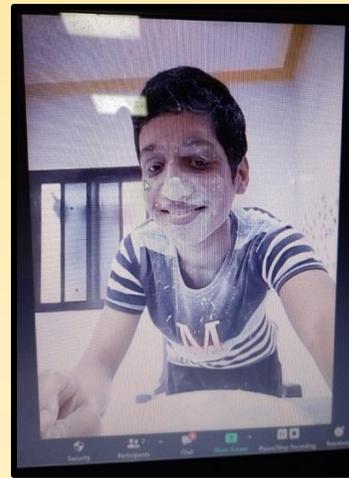
Rank	Name	Class
1	Miss Siya Gopinathan	VIII D
2	Miss Shreeya Panigrahi	VIII D
3	Master Dhyan Patel	VIII C
4	Miss Samruddhi Salvi	VIII D
5	Master Pradhyuth Naik	VIII A
6	Miss Mahika Tiwari	VIII E
7	Miss Aahana Maurya	VIII E
8	Miss Saanvi Suvarna	VIII B
9	Master Saurabh Eyyani	VIII D
10	Miss Ahlaam Bhombal	VIII B



On Friday 3rd Sept 2021, National Sports Days was celebrated by the Sports Department of the Secondary Section by conducting various online sports events for students of Std X.

Online competitions like Catch the Marble, Find Coins from flour, Card Pyramid, Flip the Bottle, Online Carrom and Sports Quiz were conducted between 10 am to 12:30pm. Sports Teachers and Sports Event Managers conducted these competitions.

Many students participated in one or more of these competitions making this event successful. Winners were selected as per the game and category.



Sports Quiz Results

Position	Student's Name	Class
First	Yashvi Kothari Jain	X D
Second	Tanu Jha	X D
Third	Sanjana Dhopte	X D
Fourth	Divika Sodah	X C
Fifth	Parth Zagade	X D
Sixth	Sameeh Khan	X F
Seventh	Aarti Dwivedi	X A
Eighth	Tanishka Sisodiya	X C
Nineth	Srishti Verma	X F
Tenth	Roshan Mishra	X A

Catch the Marble Results

Category	Position	Student's Name	Class
Girls Category	First	Vedika Deshpande	X C
	Second	Arnav Kadam	X B
Boys Category	First	Het Dedhia	X B
	Second	Tanish Jain	X E
	Third	Kavya Kankaria	X B

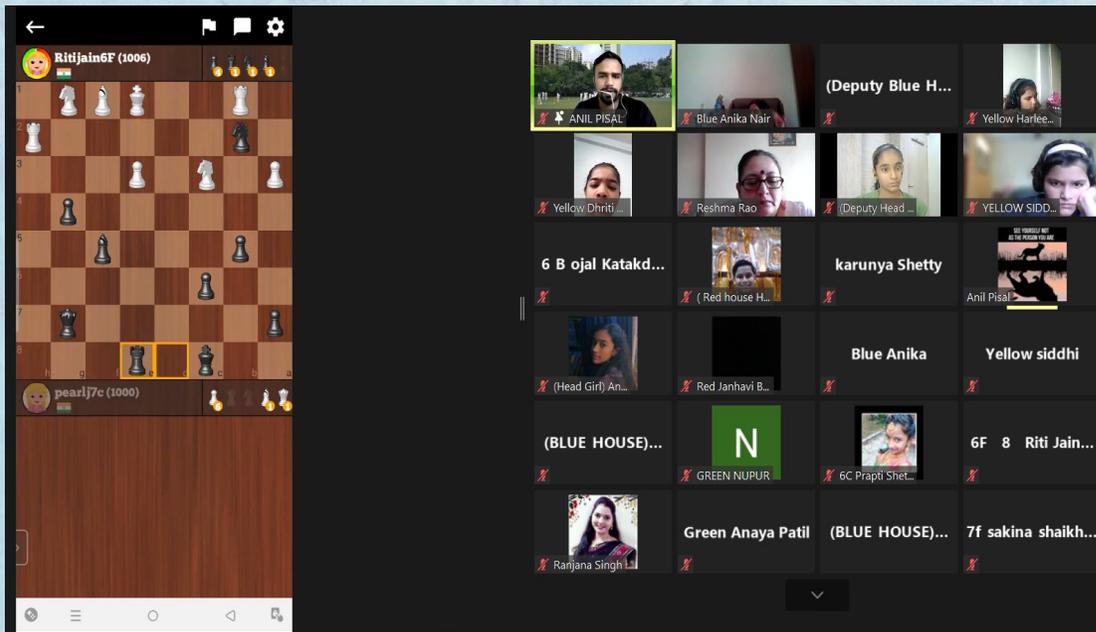
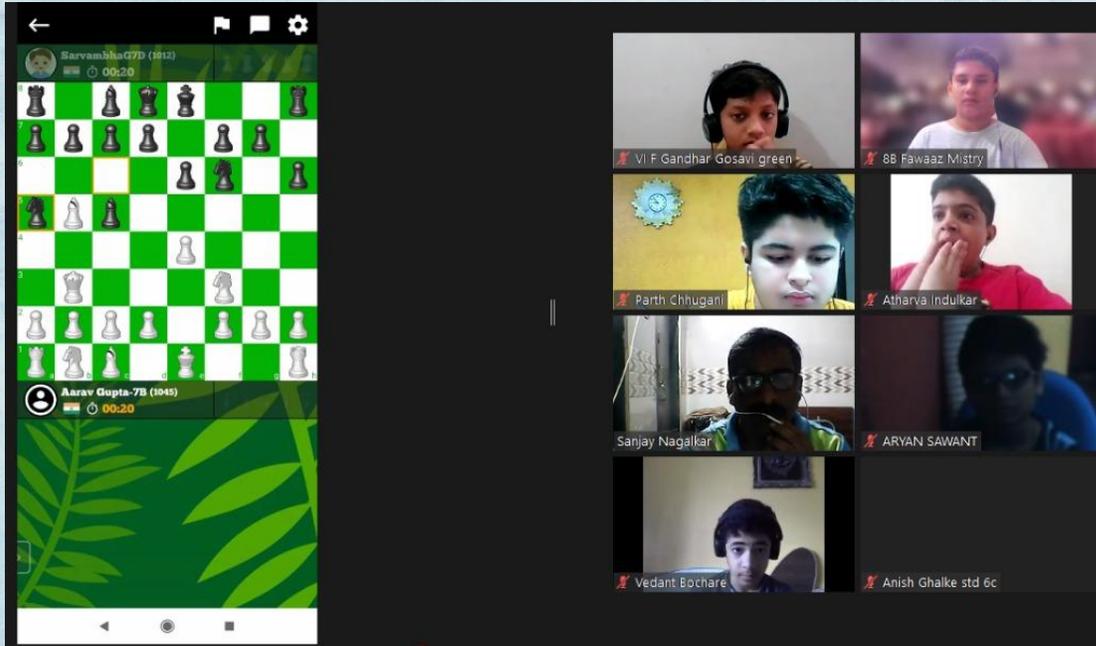
Flip the Bottle Results				Find Coin in the flour Results			
Category	Position	Student's Name	Class	Category	Position	Student's Name	Class
Girls Category	First	Bhavika Yadav	X D	Girls Category	First	Bhoomi Patel	X F
	Second	Bhoomi Patel	X F		Second	Sameena Dalvi	X D
	Third	Shagufta Khan	X B		Third	Vedika Deshpande	X C
	Fourth	Aaditi Maurya	X D				
Boys Category	First	Guransh Singh	X F	Boys Category	First	Kavya Kankaria	X B
	Second	Saujanya Shetty	X D		Second	Chimay Lokhande	X F
	Third	Niranjan Karkare	X D		Third	Sahoj Mada	X F
	Fourth	Chinmay Suplekar	X A		Fourth	Het Dedhia	X B
Card Pyramid Results				Carrom Results			
Category	Position	Student's Name	Class	Category	Position	Student's Name	Class
Girls Category	First	Iqra Lakhwa	X F	Girls Category	First	Mehvish Ansari	X F
	Second	Niharika Juwatkar	X F		Second	Zainab Khan	X A
	Second	Apurva Thakur	X D		Third	Arya Arjugade	X D
	Third	Jasmine Sahu	X D		Fourth	Arya Tavhare	X D
Boys Category	First	Hardik Dagliya	X F	Boys Category	First	Akshad Raj	X D
	Second	Vismay Parab	X F		Second	Dhanush Shetty	X E
					Third	Nick Yadav	X F
					Fourth	Moksh Jain	X D



Category	Position	Student's Name	Class	House
Junior Boys	First	Johan Mathew	VII E	Red
	Second	Dhruv Jain	VII A	Yellow
	Third	Lakshya Soni	VII E	Blue
	Fourth	Sai Tavhare	VII A	Yellow
Junior Girls	First	Pratheeksha Poojary	VI F	Red
	Second	Khushi Sharma	VI B	Blue
	Second	Akansha Verma	VII A	Red
	Fourth	Anaya Patil	VII B	Green
Senior Boys	Fourth	Karunya Shetty	VII E	Yellow
	First	Rishabh Adep	IX C	Green
	Second	Rishi Kumar	VIII D	Blue
	Third	Gautamraj Yadav	IX F	Yellow
Senior Girls	Fourth	Gautam Doshi	VIII A	Red
	First	Dhruvi Jain	IX D	Red
	Second	Lakshmi Sharma	IX C	Yellow
	Third	Sanavi Satre	IX C	Blue
Fourth	Riddhi Rai	IX F	Yellow	

VIRTUAL CHESS COMPETITION (07/08/21)

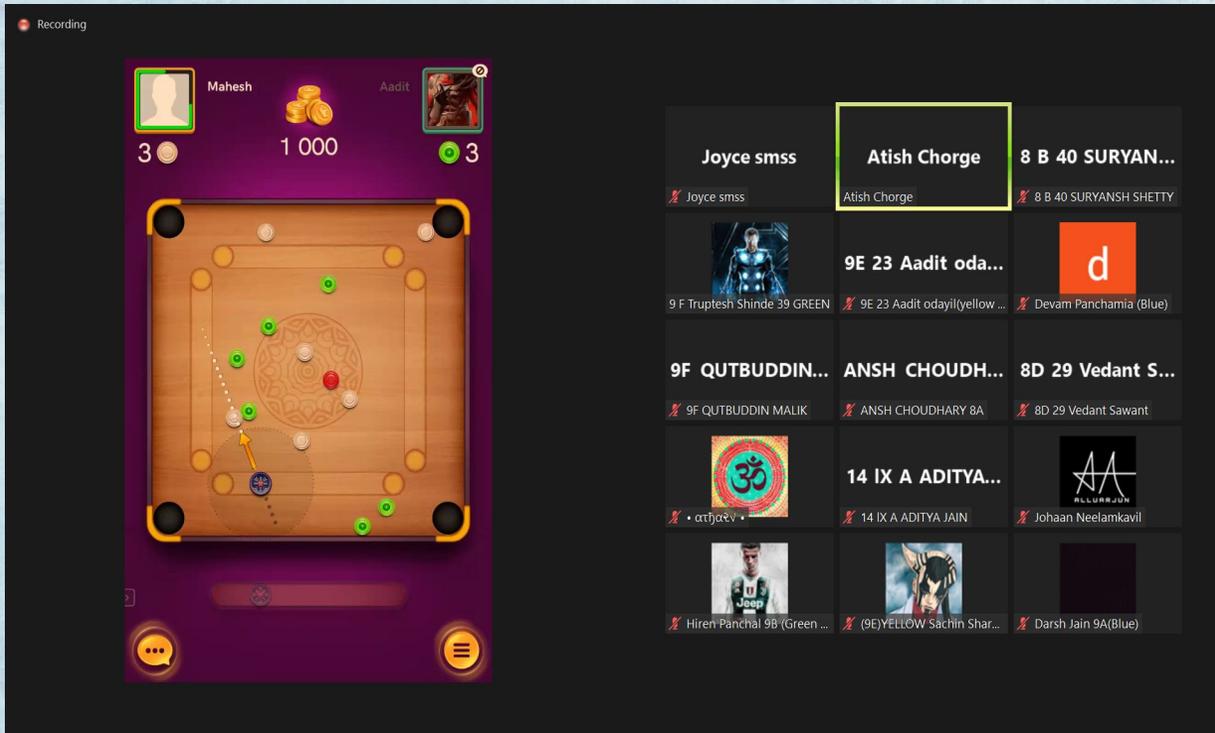
INTER HOUSE COMPETITIONS



Category	Position	Student's Name	Class	House
Junior Boys	First	Gandhar Gosavi	VI F	Green
	Second	Om Lohot	VII D	Blue
	Third	Johan Mathew	VII E	Red
Junior Girls	Fourth	Aayush Sanil	VII B	Green
	First	Nishtha Borana	VII E	Red
	Second	Dhriti Chheda	VII A	Yellow
	Third	Siddhi Yelkar	VI F	Yellow
Senior Boys	Fourth	Pearl Jain	VII C	Blue
	First	Eashan Tamboli	IX D	Yellow
	Second	Sankalp Mane	IX E	Green
	Third	Ansh Choudhary	VIII A	Red
Senior Girls	Fourth	Vedant Mahindrakar	VIII D	Blue
	First	Shravani Mahindrakar	IX D	Green
	Second	Nikita Malankar	VIII D	Green
	Third	Arpita Singh	IX D	Green
	Fourth	Diya Shetty	IX D	Red

VIRTUAL CARROM COMPETITION (18/08/21)

INTER HOUSE COMPETITIONS



Category	Position	Student's Name	Class	House
Junior Boys	First	Roushan Ram	VII A	Green
	Second	Devesh Mali	VI C	Green
	Third	Ayush Pednekar	VI D	Green
	Fourth	Arpit Padre	VII A	Blue
Junior Girls	First	Reeda Raine	VII E	Yellow
	Second	Ramayani Pakhare	VII F	Yellow
	Third	Karunya Shetty	VII E	Yellow
	Fourth	Laiba Siddiqui	VII F	Yellow
Senior Boys	First	Yaqub Ansari	IX A	Blue
	Second	Devam Panchamia	IX D	Blue
	Third	Darsh Jain	IX A	Blue
	Fourth	Parth Shetty	VIII D	Green
Senior Girls	First	Nikita Malankar	VIII D	Green
	Second	Dhruvi Shetty	IX D	Green
	Third	Himani Kavire	IX E	Red
	Fourth	Saanvi Wakode	VIII A	Yellow

VIRTUAL VRIKSHASANA COMPETITION (18/09/21)

INTER HOUSE COMPETITIONS



Category	Position	Student's Name	Class	House
Junior Boys	First	Rishi Poojary	VII A	Red
	Second	Abhiraj Mondkar	VII C	Yellow
	Third	Punyah Kumar Verma	VI A	Red
	Fourth	Om Lohot	VII D	Blue
Junior Girls	First	Khushi Sharma	VI B	Blue
	First	Dhriti Chheda	VII A	Yellow
	Second	Noami Anil	VII D	Red
	Third	Anya Ahmed	VI C	Blue
Senior Boys	Fourth	Aarna Dutta	VII D	Yellow
	First	Gautamraj Yadav	IX F	Yellow
	Second	Vedant Mahindrakar	VIII D	Blue
	Third	Dhyan Patel	VIII C	Red
Senior Girls	Fourth	Pradyuth Naik	VIII A	Yellow
	First	Siya Gopinathan	VIII D	Red
	Second	Suraksha Gowda	IX D	Red
	Third	Shravani Mahindrakar	IX D	Green
	Fourth	Lakshmi Sharma	IX C	Yellow

VIRTUAL SKIPPING COMPETITION (27/11/21)

INTER HOUSE COMPETITIONS



Category	Position	Student's Name	Class	House
Junior Boys	First	Arpit Singh	VI B	Green
	Second	Johan Mathew	VII E	Red
	Third	Rishi Thapa	VII B	Blue
	Fourth	Aryan Panchal	VI F	Yellow
Junior Girls	First	Anaya Patil	VII B	Green
	First	Pratheeksha Poojary	VI F	Red
	Second	Vedanti Chavan	VII E	Blue
	Third	Khushi Sharma	VI B	Blue
Senior Boys	Fourth	Akansha Verma	VII A	Red
	First	Abhisha Shetty	IX D	Blue
	Second	Samruddhi Salvi	VIII D	Yellow
	Third	Alfiya Rain	IX F	Green
Senior Girls	Fourth	Lakshmi Sharma	IX C	Yellow
	First	Akkshit Jethva	IX D	Yellow
	Second	Dhyan Patel	VIII C	Red
	Second	Smit Patel	VIII D	Green
	Third	Pruthviraj Kavire	IX C	Blue
	Fourth	Vedant Bochare	VIII D	Blue

VIRTUAL PUSH UPS COMPETITION (10/12/21)

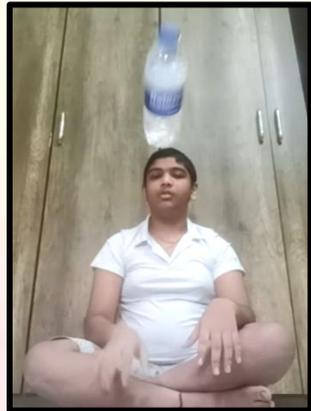
INTER HOUSE COMPETITIONS



Category	Position	Student's Name	Class	House
Junior Boys	First	Darsh Parekh	VI D	Red
	Second	Vibhor Jain	VII E	Red
	Third	Parth Ghag	VI A	Green
	Fourth	Saad Khan	VI C	Green
Junior Girls	First	Pratheeksha Poojary	VI F	Red
	Second	Kirti Khedkar	VII B	Red
	Third	Anaya Patil	VII B	Green
	Fourth	Geetakshara Owai	VII D	Red
Senior Boys	First	Akkshit Jethva	IX D	Yellow
	Second	Hridhay Varma	IX C	Green
	Third	Truptesh Shinde	IX F	Green
	Fourth	Gautamraj Yadav	IX F	Yellow
Senior Girls	First	Abhisha Shetty	IX D	Blue
	Second	Sanskriti Pathak	VIII C	Green
	Third	Shravani Mahindrakar	IX D	Green
	Fourth	Sarannya Vishwakarma	VIII A	Red

FLIP THE BOTTLE COMPETITION (15/01/22)

SPORTS FEST EVENTS



Category	Position	Student's Name	Class	House
Junior Boys	First	Lakshya Soni	VII E	Blue
	Second	Darsh Parekh	VI D	Red
	Second	Abhiraj Mondkar	VII C	Yellow
Junior Girls	Third	Kartik Shetty	VII B	Green
	First	Priyanka Maneria	VII E	Yellow
	Second	Avani Vishwakarma	VI C	Red
	Third	Jayna Kapasi	VII E	Green
Senior Boys	Fourth	Khushi Sharma	VI B	Blue
	Fourth	Prateeksha Poojary	VI F	Red
	First	Akkshit Jethva	IX D	Yellow
	Second	Parth Surve	VIII D	Green
Senior Girls	Third	Truptesh Shinde	IX F	Green
	Fourth	Yash Pawar	VIII E	Blue
	First	Mayuri Madat	IX F	Blue
	Second	Jiya Bajwa	VIII D	Blue
	Third	Yukti Mehta	VIII C	Red
	Fourth	Shravani Dalvi	IX E	Red

SEARCH THE COIN FROM FLOUR (15/01/22)

SPORTS FEST EVENTS



Category	Position	Student's Name	Class	House
Junior Boys	First	Shantanu Parab	VII D	Yellow
	Second	Nitin Verma	VII C	Yellow
	Third	Om Lahot	VII D	Blue
	Fourth	Sai Tavhare	VII A	Yellow
Junior Girls	First	Swara Bhandary	VI C	Blue
	Second	Anaya Patil	VII B	Green
	Third	Ananya Alva	VII B	Red
	Fourth	Hardiki Patil	VII F	Blue
Senior Boys	First	Vedant Bochare	VIII D	Blue
	Second	Murli Menariya	IX B	Blue
	Third	Aditya Jain	IX A	Green
	Fourth	Gautamraj Yadav	IX F	Yellow
Senior Girls	First	Saanvi Wakode	VIII A	Yellow
	Second	Suraksha Gowda	IX D	Red
	Third	Diya Shetty	IX D	Red
	Fourth	Alfiya Rain	IX F	Green

SACK RACE (15/01/22)

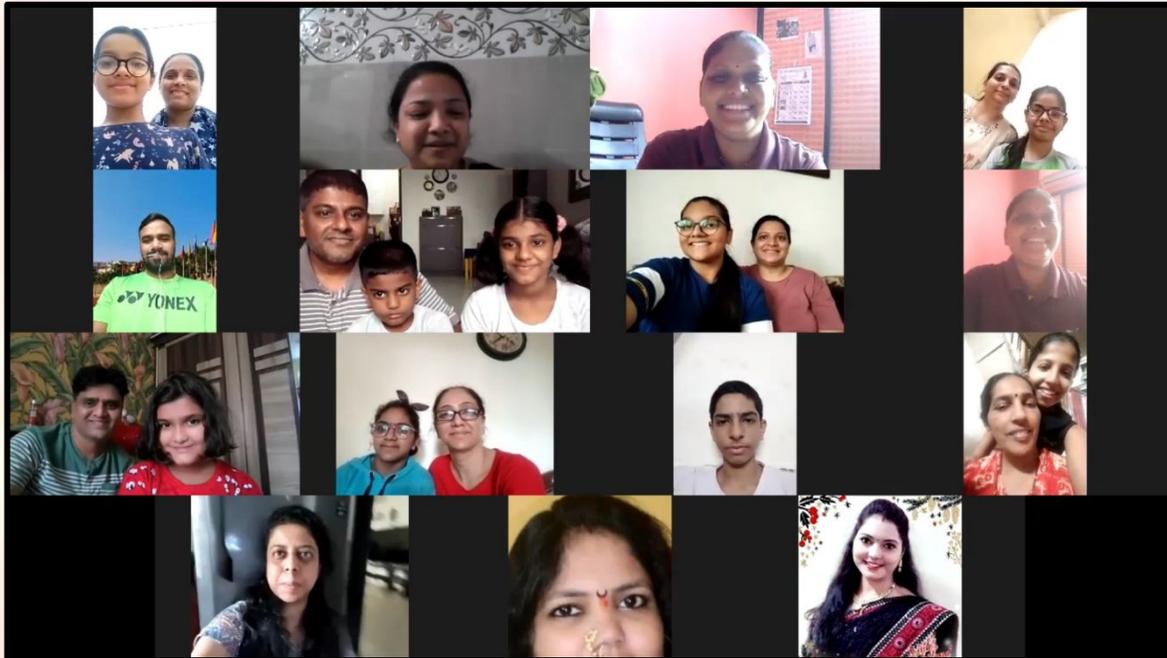
SPORTS FEST EVENTS



Category	Position	Student's Name	Class	House
Junior Boys	First	Darshil Shejwal	VII B	Red
	Second	Yathartha Kubal	VII C	Blue
	Third	Anurag Pandey	VI F	Yellow
	Fourth	Hasan Khan	VII B	Red
Junior Girls	First	Drashti Madat	VI D	Blue
	Second	Naomi Anil	VII D	Red
	Third	Prapthi Ratnakar	VI F	Red
	Fourth	Yashita Nalawade	VI C	Green
Senior Boys	First	Johaam Neelamkavil	IX C	Blue
	Second	Smit Patel	VIII D	Green
	Third	Dhyan Patel	VIII C	Red
	Fourth	Malhar Pednekar	IX E	Red
Senior Girls	First	Fatima Mandaviwala	VIII B	Yellow
	Second	Yatee Sharma	IX E	Yellow
	Third	Madhuri Pandey	VIII B	Green

THREE LEGGED RACE (22/01/22)

SPORTS FEST EVENTS



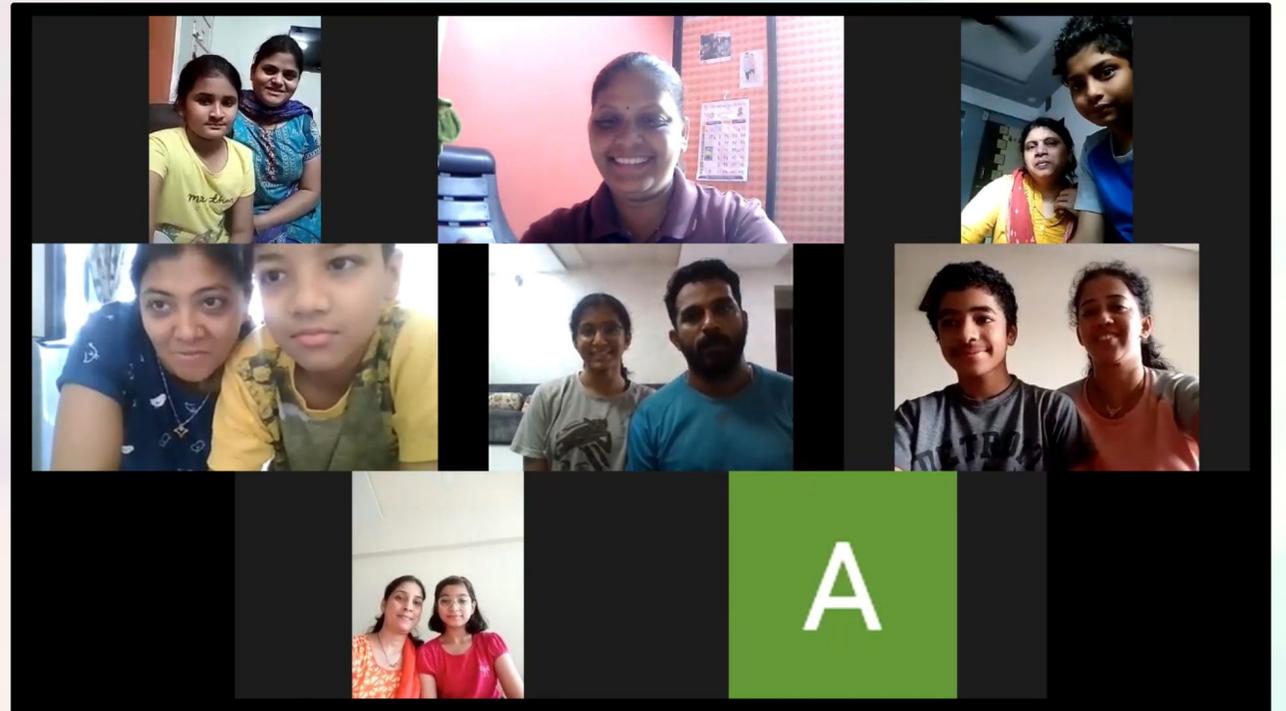
Category	Position	Student's Name	Class	House
Junior Boys	First	Om Lohot	VII D	Blue
	Second	Vihaan Sunil	VI B	Red
	Third	Lakshya Soni	VII E	Blue
	Fourth	Aayush Sanil	VII B	Green
Junior Girls	First	Swara Bhandary	VI C	Blue
	Second	Siddhi Yelkar	VI F	Yellow
	Third	Naomi Anil	VII D	Red
	Fourth	Jabjot Kaur Marbha	VI C	Blue
Senior Boys	First	Dhyan Patel	VIII C	Red
	Second	Athrya Shetty	VIII A	Green
	Third	Rushab Pawar	VIII E	Blue
Senior Girls	First	Paridhi Mehta	VIII D	Blue

SKIPPING WITH PARENTS (22/01/22)

SPORTS FEST EVENTS



Category	Position	Student's Name	Class	House
Junior Boys	First	Nishad Bhosale	VI B	Blue
	Second	Jinay Dhami	VII C	Green
Junior Girls	First	Riddhi Dhoble	VI A	Yellow
	Second	Yashita Nalawade	VI C	Green
Senior Boys	First	Vedant Bochare	VIII D	Blue
Senior Girls	First	Abhisha Shetty	IX D	Blue



PARENTS SPORTS EVENT (04/02/22)

First offline sports event exclusively for parents was conducted on 4th February 2022. These competitions were held in four categories – Men's Badminton, Women's Badminton, Men's Carrom and Women's Carrom. Many parents from std 6 to 10 actively participated and made this event successful.

Judgment was done by our own PE teachers. Badminton matches were held in the School Auditorium and Carrom matches were conducted in the Pre Primary Classrooms. Our School Sports Captain, School Head Boy and Head Girl contributed in the smooth conduction of the event. First 3 winners in each category were given a winner certificate and others received participation certificates. Prizes were distributed by Principal madam, Vice Principal madam, Headmistress of Pre Primary Section.

SPORTS FEST EVENTS

Category	Position	Parent's Name
Men's Badminton	First	Mr. Prem Singh Rawat
	Second	Mr. Sachin Hariya
	Third	Mr. Dipesh Patel
Women's Badminton	First	Ms. Laxmi Rawat
	Second	Ms. Madhuri Ashish Chavan
	Third	Ms. Pinky sonar
Men's Carrom	First	Mr. Nilesh Bansi Kharmale
	Second	Mr. Rajesh Nanji Dedhia
	Third	Mr. Jai Krishan
Women's Carrom	First	Ms. Bhavna Rajesh Dedhia
	Second	Ms. Pushpalatha Govinde Gowda
	Third	Ms. Gayathri S Ajila



PARENTS SPORTS EVENT - FEEDBACK

Thank u so much SM Shetty Management n All Teachers for organizing such a great event Enjoyed a lot. Waiting for more events like these.

– Ms. Bhavna

Very True...Very much Appreciated...

– Mr. Sandesh Shetty

Thanks to the school authorities, teachers, students and all involved (including the parents) for a great experience.

Have a sporting weekend.

– Mr. Anil Varghese

Thanks to SM SHETTY SCHOOL Sports Teams To organise Sach mai school ke yaad dila se Maza agaya

– Mr. Rajesh

Thanks to S.M. Shetty School and Sports Management. We Really enjoyed .. Thanks again all teachers & sports staff

– Ms. Urmila Dhoble

Thank you so much SM Shetty School and Sports Management who really enjoyed this event for the parents today. Great event all teachers & sports staff

– Mr. Prem Rawat

Thank u one and all - Teachers, Sport Committee & Parents to make this event successful and fun-filled. It was a well organised event. Kudos to the entire team..

– Mr. Sachin Hariya

Thank sooomuch SM Shetty Management and also sports staff team today's events well organaised. Sachi bahoth enjoy kiya hamara college ka yad agaya

– Ms. Pushpalatha Gowda

Thanks to Anil sir, entire Sports Committee and S M Shetty Management team for conducting Such Gr8 Sports Event... After many years played like a child ... Memorised school Golden days and meetup new friends (other parents) as well.Thanks you so much S M Shetty School Team..... keep it up

– Mr. Nilesh Kharmale

Thank you SM Shetty Management and Sports Staff for today's Well-Organised event.. Dil Se Thank you.. Excellent job.

Regards Jai Krishan



Bunts Sangha's S M Shetty High School & Junior College



ISO- 21001:2018 Certified

invites
you all to the
Inter-School Carrom & Chess competition
2021-22

on
August 21, 4 p.m.



INTERSCHOOL CARROM & CHESS COMPETITION

INTERSCHOOL CHESS AND CARROM COMPETITION

CARROM COMPETITION RESULTS			CHESS COMPETITION RESULTS		
Category	Place	Student's Name	Category	Place	Student's Name
6 th & 7 th Boys Category	First	Devesh Mali	6 th & 7 th Boys Category	Second	Anish Ghalke
	Second	Arpit Padre			
	Third	Roushan Ram			
6 th & 7 th Girls Category	First	Reeda Raine	6 th & 7 th Girls Category	First	Nishtha Borana
	Second	Laiba Siddiqui			
	Third	Karunya Shetty			
8 th & 9 th Boys Category	First	Yaqub Ansari	8 th & 9 th Boys Category	First	Eashan Tamboli
	Second	Hiren Panchal			
	Third	Parth Shetty			
8 th & 9 th Girls Category	First	Nikita Malankar	8 th & 9 th Girls Category	Second	Niyati Ganotra
	Second	Himani Kavire			
	Third	Mvesha Fathima Hashmi		Third	Divya Shetty

STAY HEALTHY! STAY BLESSED!

There's nothing more important than our good health - that's our principal capital asset..

On Saturday, 14th August 2021, the Sports Department had organised an informative session on “Diet and Nutrition”, for all the students of Std VIII and IX from 11:30am to 1:30pm.

Dr. Jennifer Dhuri conducted the session warmheartedly and gave a lot of insights on healthy diet and nutrition requirements of our body. She suggested some ways to deal with issues during lock down like maintaining a balanced routine of adequate sleep, restricted screen time and a balanced diet. The session was interactive and students’ questions were also addressed by her. All in all, the session was the need of the hour.

The screenshot shows a Zoom meeting interface. On the left, a large video feed shows Dr. Jennifer Dhuri speaking. The top of the screen displays a list of participants: 8E Parth Chhugani, 8D 08 Saurabh Eyyani, 9C 20 Johaan Neela..., 8D 40 Nidhi Upadhy..., and 8D 13 Rishi K. The main content area displays a presentation slide titled "Dairy".

Dairy

- Build **strong bones** with fat-free or low-fat milk products. If you can't digest lactose—the sugar in milk that can cause stomach pain or gas—choose lactose-free milk or soy milk with added calcium. Fat-free or low-fat yogurt, paneer is also a good source of dairy food.

On the right side, a grid of 12 smaller video feeds shows other participants. The top row includes Jennifer (highlighted), Bunts Sangha's S M Shett..., and Atish Chorge. The second row includes Pratima Bhandarkar, Reshma Rao, and JOYCE N (BSSMS). The third row includes Gayatri Moule, Lalita Kadam (S M Shetty ...), and Lydia Fernandes. The fourth row includes Sanjay Nagalkar, 8D 24 Jiya P, and Priyansh.V.Shah... The bottom row includes 8D 31 Kashvi Sh..., 8 A-Anmol verma, and Ankita Singh.

NATIONAL LEVEL ATHLETICS COMPETITION

Date: 6th March, 2022

Organiser: Kulgaon Badlapur Nagar Parishad

Venue: Taluka Krida Sankul, Badlapur

Achievers from our school:

1) Ms Pratheeksha Poojari of std VII Won -

Gold Medal in 400 meter race

Silver Medal in 100 meter race and

Bronze medal in 60 meter race in Girls Under 12 years category

2) Ms Khushi Sharma of std VII secured 4th place in final of 100 meter race and 400 meter race in Girls U12 years category

3) Mast. Dhyan Patel of std VIII secured 7th place in final of 400 meter race in Boys U15 years category



SPORTS ACHIEVEMENTS



CRICKET MATCH – STAFF V/S STUDENTS



On 21st April 2022 , a 15 overs Cricket Match was held between boys of Std X 2021-22 and teachers with a season ball. Both teachers and students had an exhilarating match with teachers winning it by 10 runs.

The Man of the Match was declared to be Mr. Anil Pisal, PE teacher.



Master Johaan Neelamkavil
House Captain

Miss. Jiya Bajwa
Deputy House Captain

Mast. Murli Minariya
House Sports Captain

Ms. Shiney Sabastin
(House Master)

Mr. Anil Vishwakarma
(Asst. House Master)



Bhagat Singh House

Sports helps in maintaining Good Health

Sports are very essential for every human life which keeps them fit and fine and physical strength. It has great importance in each stage of life. It also improves the personality of people. Sports keep our all-organs alert and our hearts become stronger by regularly playing some kind of sports. Sports have always given priority from old ages and nowadays it has become more fascinating. Due to the physical activity blood pressure also remains healthy, and blood vessels remain clean. Sugar level also reduces and cholesterol comes down by daily activity. Different people have different interests in sports but the action is the same in all sports. Sports are becoming big channels to make more capital/money day by day and the number of people is also increasing. By playing sports even at a young age you can also be better and free from some diseases. By playing sports lung function also improves and becomes healthy because more oxygen is supplied. Sports also improves bone strength even in old age.

◆ Significance of Sports in Student's Life

Just like a diet of healthy nutrients is needed for nourishing the body, playing sports holds a great significance in enhancing our lives, especially for growing children. As a student, one has to face many challenges, and playing sports helps them cope with the exam pressure and prepare them for further challenges by providing them with physical and mental strength.

Children who are indulged in physical activities sustain good values of mutual respect and cooperation. Playing sports teaches them skills such as accountability, leadership, and learning to work with a sense of responsibility and confidence.

◆ Get rid of Excess Weight

Most of the world's population is obese, and as a result, many other health issues also arise. Hence, playing sports is one of the most recreational and helpful ways of burning calories. All you have to do is follow a healthy diet and play your favourite sport. You can be saved from exhausting workout routines in the gym by playing sports.

Playing your favourite sports and shedding kilos, isn't it like killing two birds with one stone!

◆ Guard Your Heart

The heart is the most important organ of our body. With changing lifestyles, people are facing heart-related problems these days. The life of heart patients becomes difficult with lots of heavy medications and restrictions. Therefore, people need to indulge in outdoor games. Playing for even 30 minutes a day can do wonders for your life. The heart pumps better, and blood circulation improves whenever we play sports. Heart muscles get stronger, and hence it starts functioning at a better rate.

◆ Nation's Pride

All the good values and skills one learns by playing sports can prepare them to conquer any battle-fields. Many eminent sports personalities have brought laurels to our country by proving their mettle on different sports grounds. Some of them are; Sachin Tendulkar, Saina Nehwal, Mary Kom, Sardar Singh, Sania Mirza and many more.

These personalities are inspirations for all those who are passionate about playing sports. Hard work and dedication can help them reach their goals and can become inspirations for others one day.

∅ All work no activity is a moderate option; option to play various sports!

∅ There are many sorts of sports; take your best!

∅ Play the games of your choice! Give sports its due spot in your catalogue!

∅ A healthy mind dwells in a strong body, so play sports!

∅ Sports help you promote team spirit! Don't say no to games!

Mr. Nitin Shelar
Parent of Vihaan Shelar
(Jr. kg. Div. A)

Importance of Sports

Sometimes, losing something is the only way to realise how important it was! This holds true for many things over the last two years when our lives turned upside down as the Covid-19 pandemic hit globally. The routine that we almost took for granted seems so remote and 'normal' got replaced with new normal.

This has been true for sports too. Amid the pandemic, everyone was forced to stay at home and step out only for essentials and physical activities, including outdoor sports remained a distant possibility. With the lack of sporting opportunities, we realised that the benefit of sports is not restricted to just physical fitness, it helps in improving mental agility, team spirit, grace and striving to achieve our best potential. Children when exposed to sports and physical activities at a young age can reap great long-lasting benefits.

Individual sports teach us mental agility, patience, how to gracefully accept wins as well as losses and independent decision making at each step. Similarly, team sports help in enhancing teamwork, discussing strategies collectively and working towards a shared goal. All these learnings can be incorporated in our daily lives, outside of sports too. As children grow into adults, these learnings imbibed in them at a young age only help them manoeuvre better in social, corporate, and personal lives. Creating a 'sports friendly' environment at home builds the culture for them by watching sports channels, discussing major sport events, participating in local events, etc. Let's take small steps in including 'sports' in the routine of our children.

**Mrs. Shivani Trivedi
Parent of Vivaan Trivedi
(Nursery B)**



Baseball

*Daddy, it is
my greatest dream
I'll some day play
On a baseball team*

*When I'm bigger
want to know*

How to catch

And now to throw

*When my hands
are not so small*

*you'll teach me how
to pitch a fast ball
and show me how to*

*hit a home run
while I'm growing
we'll have such fun*

Daddy , I am dreaming

And you are too

Of the special times

That I'll spend with you !



**Mr.Zabir Ansari
Parent of Saad Ansari
(Sr.kg)**

“ Hard work beats talent when talent doesn’t work hard”

Yes , sports has taught me how to be determined towards my goals. Participating in sports is the best experience I’ve ever experienced. Sports teach you character, it teaches you to play by the rules, to know about how it feels to win and lose, it teaches you about LIFE, “ Gold medals aren’t really made of gold. They’re made of sweat, determination and a hard to find alloy called guts”

This year was truly a memorable one for me. This wouldn’t be possible without our P.E teachers and coaches. My journey being the school sports captain has been amazing. Though half the year went online, there were a lot of opportunities to participate in the online competitions.

Sports not only keep us physically fit but also mentally strong. Friends always remember that “ Participation is more important than winning”

Hrishit Shetty VD
School Sports Captain
(Primary Section)

Sports are integral part of school and education. Children who are involved in sports are seem to be more proactive and productive in class activities. The P.E period always de-stress the students and brings smile on their face.

We must thank our teachers and school for the tireless and selfless efforts they take for the students. I recall the pandemic days, all of us wondered, how teachers used to conduct online classes comprising of Yoga, exercises, games and also conducted sports competition too.

Sincerely appreciate the support from S M Shetty High School, which takes care of all round development of students with the vision of Nation Building.

Vidita Juwathar VA

I m Sufiyan Shaikh, headboy of primary section A Y 21- 22

My journey as head boy was most fascinating and challenging as i had to carry out my duties of student council member virtually as it was lockdown period. Lockdown turned out to be blessing in disguise. It made me techno savvy. I got the opportunity to judge sports competition on online platform.

The most coveted prestigious badge of Headboy taught me to take up responsibilities sincerely, confidently .

I m very thankful to all my teachers of SM shetty & my parents for inculcating right moral values .I wish i could perform my duties offline also .My deepest gratitude to all my teachers for their belief in me

Mohammad Sufian VC
Head Boy Primary Section

PARENTS SPORTS EVENT - FEEDBACK

I really liked the games. It was amazing. I know that our school will always make such entertaining games and in future I want to participate in different games.

Parent of Khusleen Kaur Gill

V E

It was very good involvement of partners as well.

Parent of Siddharth Kulmi

I F

[Feedback Video](#)

Event was nicely conducted and we enjoyed it. Keep it up.

Parent of Bhawin Sharma III E

Super good, enjoyed it very much .

Some best entertainment in every day routine and mundane, I would like to thank the teachers for this opportunity. Thank you for having us.

Parent of Aadhya Kabade

III B

You are a masterpiece

"A plum once said, 'just because a banana lover came by, I converted myself into a banana. Unfortunately, his taste changed after a few months and so became an orange. When he said I was bitter I became an apple, but he went in search of grapes. Yielding to the opinions of so many people, I have changed so many times that I no more know who I am. How I wish I had remained a plum and waited for a plum lover". Just because a group of people do not accept you as you are, there is no necessity for you to strip yourself off your originality. You need to think Good of yourself, for the world takes you at your own estimate. Never stoop down in order to gain recognition. Never let go of your true self to win a relationship. In the long run, you will regret that you traded your greatest Glory-your uniqueness, for

momentary validation. You are original. You are rare. You are unique. You are a wonder. You are a masterpiece. Your Master's piece. Celebrate your Uniqueness. "You are you, your own self, do not change for others, for this is NOT even their world.

- Student

You are you, your own self

Even Gandhi was not accepted by many people. The group that does not accept you as YOU is not Your world. There is a world for each one of you, where you shall reign as king/queen by just being yourself. Find that world... In fact, that world will find You.

What water can do, gasoline cannot and what copper can, gold cannot. The fragility of the ant enables it to move and the rigidity of the tree enables it to stay rooted. You as you alone can serve your purpose and I as I Alone can serve my purpose. You are here to be you... Just YOU. There was a time in this world when a Krishna was required and he was sent: A time when a Christ was required and he was sent; a time when a Mahatma was Required and he was sent; a time when a J. R. D. Tata was required and he was Sent.

There came a time when you were required on this planet and hence you were sent. In the history of the universe, there has been nobody like you and to the infinity of time to come, there will be no one like you. Existence should have loved you so much that it broke the mould after making you, so that another of your kind will never get repeated. You are original. You are rare. You are unique. You are a wonder. You are a masterpiece. Your Master's piece. Celebrate your Uniqueness. "You are you, your own self, do not change for others, for this is NOT even their world.

Ms. Alka Arora
(Teacher)