

BUNTS SANGHA'S
S. M. SHETTY HIGH SCHOOL & JUNIOR COLLEGE POWAI
PHYSICUL EDUCATION SYLLABUS 2022-2023

| Std. | Jun-July | Aug.-Sept. | Oct. Nov. | Dec.- Jan | Feb- Mar. |
|-------------|---------------------------------------|---|---|--|---|
| VI | Chess , Carrom, March Past | Long Jump, Hurdle Race , Badminton ,Dodgeball | Basket Ball, Foot Ball , March Past , P.E. Exam Practice | Cricket , Athletic , Kabaddi , March Past, Sports Day Event | P. E. Exam Practice , P. E. Exam |
| VII | Chess , Carrom, March Past | Long Jump, Hurdle Race , Badminton, Dodgeball | Basket Ball, Foot Ball , March Past , P.E. Exam Practice | Cricket , Athletic , Kabaddi , March Past, Sports Day Event | P. E. Exam Practice , P. E. Exam |
| VIII | Chess , Carrom, March Past | Long Jump, Hurdle Race , Badminton, Volleyball | Basket Ball, Foot Ball , March Past , P.E. Exam Practice | Cricket , Athletic , Kabaddi , March Past, Sports Day Event | P. E. Exam Practice , P. E. Exam |
| IX | Chess , Carrom, March Past | Long Jump, Hurdle Race , Badminton, Volleyball | Basket Ball, Foot Ball , March Past , P.E. Exam Practice | Cricket , Athletic , Kabaddi , March Past, Sports Day Event | P. E. Exam Practice , P. E. Exam |
| X | Chess , Carrom, March Past | Long Jump, Hurdle Race , Badminton, Volleyball | Basket Ball, Foot Ball , March Past , P.E. Exam Practice | Cricket , Athletic , Kabaddi , March Past, Sports Day Event | P. E. Exam Practice , P. E. Exam |